Recreation Advisory Commission Report – March 2016

Budget Update

At this time, we have approximately 33% of the fiscal year remaining and have expended approximately 70% of our operating funds for FY 16. At this time we do anticipate an overage on expenditures for the fiscal year 16. An updated expenditure report can be made available by request.

County Strategic Plan

Recently the Board of Supervisors adopted their Strategic Plan which will guide operations and decision making for the entire County. Moving forward, Parks, Recreation and Facilities will seek to better align itself with these goals and objectives. The good news is that much of what has been adopted, we've been doing and steadily implementing for close to 5 years.

Each RAC report will provide a snapshot of how the Department is meeting all of the goals. Here is the first serving;

Strategic Goals:

1. **Efficient, Effective, and transparent government. Emphasis on customer service excellence.**
    a. The Department will be heavily surveying participants on our Winter/Spring programs – specifically with basketball.

2. **Balanced development that contributes to the welfare of the community and preserves its rural character.**
    a. The Department will be overseeing the renovation and restoration of the Central High School facility.

3. **Excellence in financial management.**
    a. FY 16 revenues are trending higher. At this time the Department is anticipating a 6-7% increase in revenues, which will place a 7 year increase at 174%.

4. **High quality core services.**
    a. The recreation team will be continually evaluating programming and will be working to ensure the effectiveness and success of the Central High School endeavor.

5. **Positive work environment with highly qualified and diverse staff**.
    a. Custodial staff is preparing to begin a set of training modules that will not only help them perform their specific duties, but also work better as a team.

Capital Improvement Update

Hidden Rock Park – * Update* - *Due to the compromised safety of the playground at Hidden Rock, the unit had to be removed. PRF worked with our playground vendor to identify a unit of comparable size and amenities that also worked within the Department's CIP budget.*

Completion of the unit occurred in February. Additional elements of the playground are on back order and will be installed once they arrive.

Parks, Recreation & Facilities has been working with members of GYAA to make improvements to the athletic complex at HRP. Improvements will be funded through donated services from local businesses as well as through financial donations.

Improvements have already begun including; concreted dugouts and new metal dugout roofs. Forthcoming improvements include; an irrigation well donated by Curtis Drilling and irrigation for all 4 fields donated by Tuckahoe Landscaping. The total amount of in kind donations will exceed $50,000. Once the fields are irrigated, Bermuda sprigs will be installed, further improving the playing surfaces at HRP. GYAA continues to be a great partner in improving County facilities.

Leakes Mill Park – *Update* - *Some minor improvements have been occurring at the park as we await the approval of funding for the construction of the additional parking and last soccer field.*

The concession stand was outfitted with a filtration system that is designed to improve two factors related to operation (1) the odor of the well water and (2) the ability of the system to handle heavy restroom facility use. Particles were building up in the lines and were clogging the filters on the toilets, not allowing them to fill quickly enough to handle heavy use. We will continue to monitor this situation.

The concession stand at Leakes Mill Park has been completed. The area around the building was recently asphalted to ensure that erosion issues would not occur. Additionally, the two trail heads have been completed. Each trail head contains a doggie waste station, picnic tables and/or benches, trash cans, and a kiosk and map detailing the user's location within the park as well as maps of the walking trails.

Fitness stations were installed in November along the walking trail. Future interpretive signs are scheduled for installation prior to the spring and will be completed as part of the maintenance winter projects list.

Mr. Wheatley and his band of merry trail builders have been busy further expanding the mountain bike trails throughout the park. There are several miles and several bridge crossings.

Phase 2 – After providing feedback to our engineer, Dewberry, we have been able to successfully lower our phase 2 costs on the field and parking lot expansion. We will be requesting that the funds in the county's CIP be moved up one full year to allow for the construction to begin on phase 2.

The final drawings for phase 2 construction have been completed and submitted to Community Development for the approved plan of Development (POD). Once the POD is approved, we will move forward with the bid process for construction.

The concession stand at Leakes Mill Park is almost ready for public use. The restrooms and water re scheduled for completion the week of 9/14. The concession portion of the building will be completed once the appropriate retractable door has been delivered.

The building is very attractive, including brick columns, recessed lighting, and hardplank. The color scheme matched existing amenities at the park. The project came in under budget around $83,000.

Volunteers have completed the first phase of the multi-use trail located at the northern front portion of the park. The trail is currently 1 mile in length and meanders throughout the northern portion of the park located in a conservation easement. The trail includes 4 prominent bridges and multiple creek crossings. Many thanks to an outstanding group of volunteers led by Bob Wheatley.

A trail head with appropriate maps and signage is soon to be installed between the concession stand and the trail entrance.

Phase 2 of Leakes Mill Park is fully underway! Dewberry Engineers have met with County staff and are close to submitting the 35% drawings of the engineered site plan for the additional soccer playing space and parking lot addition.

The concession stand construction is underway at Leakes Mill Park. Thus far the well has been drilled to a depth of 500 feet and hydrofracked in an effort to establish a solid water source. The footings for the concession stand have been completed as well as the plumbing lines. The concession stand should be under roof within the next week.

Volunteers have been working feverishly to construct additional multi-purpose trails on the northern stretch of the park. It is estimated that they have installed close to two miles worth of additional trails including bridge crossings over the creeks that are located in that area of the park. Over 100 volunteer hours have been spent on the trail project thus far. The County has been providing tools and materials to assist their efforts.

Scheduled for the fall will be our signage installation (as part of Phase 2). Staff are working on trail maps and interpretive signs for the park specific to its history and environment. Sign completion and install is scheduled for mid-September.

We have met with Dewberry, Inc to discuss the early development of the engineered drawings for phase 2 of Leakes Mill Park. The early drawings include an additional 38 spaces as well as an oversized playing surface. After the initial meeting, some changes will be made, specifically to the playing surface's grading.

The concession stand permitting has been completed. The well, drain field, food/health department permitting has been completed. The project is currently being reviewed by the Building Official. Once permitted, construction can begin on the concession stand. Once the concession stand breaks ground, an expected completion is 6-8 weeks.

At the February Board of Supervisors meeting, the Board voted 4-1 to approve the purchase order to begin the construction of the concessions and restroom facility for Leakes Mill Park. The approved contracted amount was for $77,500 including a $10,000 allowance for any change orders.

Three Goochland based companies were solicited for quotes. Legacy Homes, LLC won the bid and construction is slated to begin on February 1, 2015. A meeting with the contractor has been held and preliminary steps have been taken to begin the construction process.

Before construction begins, the drain field will need to be designed and the well drilled to establish the water system for the restrooms and concession stand. The contractor will be responsible for both as

well as acquiring the appropriate building permits. Completion is expected to take 8-9 weeks weather permitting.

The design phase of phase 2 for Leakes Mill Park is underway as well. Dewberry, LLC met with the County in late November to begin the design process. A full survey of the property will be the first step taken by the hired agency to begin design services. More to come on this.

At the October Board of Supervisors meeting, the Board voted 4-1 to award design services for Phase 2 of Leakes Mill Park to Dewberry and Associates. The first meeting with Dewberry is tentatively scheduled for November 14th, 2014 where we will lay out the process for the design.

An invitation for bid (IFB) was sent out to three local contractors for the Phase 2 concessions and restroom building construction on November 7th. The IFB included all necessary specifications as well as the building plans for construction. A two week turnaround time was desired for responses. This work will go to the Board of Supervisors for award either in December or January. It is anticipated that construction will be completed in time for the spring soccer season at Leakes Mill Park.

The Department is working towards awarding a contract to one of our on call engineering firms to begin the design process of the phase 2 portion of Leakes Mill Park. All four engineering firms were contacted seeking proposals for those services and met with me on site to assess.

We received responses from 3 firms, ranging from $42,000 - $58,000. The award of the contract is scheduled to go to the Board of Supervisors at their October meeting. The scope of services includes all design work for the construction of an oversized soccer pad, measuring 120 yards by 90 yards. Additionally, 40 additional parking spaces will be included.

In December, the hope is to take the concession stand and restroom proposals to the Board of Supervisors to award that work as part of Phase 2 as well. The hope is to begin construction in January on that portion of the facility so that it may be open for Spring 2015. The concession stand construction drawing has been completed and include a small concession operation area and flushing restrooms.

The irrigation and well design as well as the finalized turf establishment will be handled separately by the County in order to save funds for the overall project.

Leakes Mill Park phase 1 is finally complete. The last playground element was installed in late May. Erosion and sediment control measures were completed by Maintenance Division staff in June.

As a recap, Phase 1 included the construction of two full sized, fully irrigated multipurpose fields. The fields consist of 20 sprinkler zones, with 3 sprinkler heads per zone, each pushing 10 gallons of water per minute. Fueling these zones is a 300 foot well which yields 26 gallons per minute. A 2.5 horsepower well pump is encased adjacent to the well head. The fields are a patriot Bermuda grass base and are over seeded in the fall with rye grass in order to maintain a year round green.

In addition to the fields, an 88 space parking area was completed as well as the main entrance to the park off of Route 6. Two playgrounds were installed, one large unit for 5-12 year olds and a 2-5 year olds unit. Each playground was purchased on clearance to maximize tax dollars.

A 1.5 mile trail loop was completed in May of 2014. In an effort to save money, the County used existing staff, GPS equipment, and the Department of Forestry to lay the trail out. Maintenance staff cut the existing trail utilizing rented equipment. The trail surfacing was outsourced to a landscaping and tree company.

It should be noted that through the use of grants, timbering revenue, and savings identified by Parks, Recreation & Facilities, that the total cost of construction for phase 1 was approximately $721,000. Of that $721,000, the County expended approximately $257,000 of actual County money. In addition to the actual cost of construction, the Department also identified approximately $95,000 in savings through the use of naming rights in exchange for services, completing contracted tasks in house, and by negotiating price reductions with service providers. Essentially a $816,000 project was completed for $257,000. A savings of $559,000, or 68%. For every dollar spent on the project, the County spent 32 cents.

Leakes Mill Park Phase 2 - Per the County's adopted CIP plan for FY 15, additional monies moving forward are identified for use on Leakes Mill's phase 2 developments. Approximately $585,000 remains for that development. Included in the proposed phase 2 development are additional fields, design services and fees, a concession and restroom facility, additional irrigation infrastructure, and parking.

West Creek Trails - * Update* *- All appropriate maps and plats have been completed outlining the easement. The written agreement is currently in the County Attorney's Office. Once the agreement is constructed, it will be forwarded to the property owner for approval.*

Once the agreement is signed off on, then construction of the trail heads and trail can start. Note: an additional $50,000 was been allocated in the proposed CIP for FY 17. If approved, this will bring the total funding available for the trail to $100,000.

Parks, Recreation and Facilities maintenance team staff members worked recently to mow a 30 foot wide swath of grass and trees along the easement located along the Tuckahoe Creek. This work allowed Public Utilities and Parks and Rec to ascertain the location of the existing Utility infrastructure so that it could be compared to its location within the easement.

Additionally, the Department has had surveyed and located an alternative route adjacent to the apartment complex which would allow some buffer between public use and the apartment inhabitants.

I am currently working Draper, Aden, and Associated to create a more detailed set of easement plans so that the written agreement can be worked out with the existing landowner. Once the agreement is in place, then the County can move forward with an announcement as well as the construction process of the trail itself.

VDOT has approved the Land Use Permit for the County to appropriately utilize the termination of Tuckahoe Creek Parkway as the southernmost trail head for the West Creek Trail development.

Parks and Recreation has had subsequent meetings with the apartment complex regarding the location of the access trail from the sidewalk on the northern end near Wawa. The apartments have had some concern that the trail was too close in proximity to its apartment buildings. The County and the apartments worked together to identify an alternative path that would push the trail down into some

floodplain along the Tuckahoe Creek. It would move the trail 30 feet to the east of its proposed location on the water and sewer easement.

At this time, surveying of the alternative trail has been scheduled. Once that is complete, the County will move forward with platting the entire water and sewer easement onto one existing plat so that the finalized written agreement with the landowner is ready for review.

Three companies have been solicited for proposals to delineate all of the wetlands through the proposed trail system. This wetland delineation is needed to allow the County to identify potential trail crossings as well as to get appropriate notification and approval through the Army Corps of Engineers. A low bid has been obtained and the delineation will be completed soon.

Lots of movement on the West Creek Trails! The County is working to establish the trailheads at both the north and the southern ends of the trail system. The northern trailhead is being developed at the Broad Street pump station located across from Wawa. The trail will be accessed by walking along the access road to the sidewalk on Broad. Then the user would have to traverse the sidewalk along Broad into the trail system located behind the new apartment complex.

The second trail head is being developed at the terminus of Tuckahoe Creek Parkway, located across from the HCA emergency room. At this time, the County is working with VDOT on the appropriate permitting to allow the trail head to be developed.

Simultaneously, the County Attorney's office has been working with P and R to obtain and develop the plats that would reflect the recreation easement. Once the written agreement is ratified between the land owner and the County, additional work on the trail can begin. Timmons, Inc, has been obtained to perform all necessary wetland delineations so that the trail can be constructed.

A maintenance agreement is currently being worked on between VDOT and the County for use of the trail heads. Additionally, the County Attorney's office is finalizing an agreement to move forward with the project.

We have met with VDOT officials to discuss utilizing the stub of the Tuckahoe Creek Parkway as a potential trailhead for the southern portion of Leg 2 of the trail system. That meeting went very well. At this time we are still working with the land owner on final approval.

Additionally, we have met with the Army Corps of Engineers to assess potential wetland impacts and any mitigation that may need to take place. The ACE was very supportive of the project and indicated that we would need to delineate wetlands prior to any improvements. Acquiring engineering services for this work will take place after all written agreements are in place with the land owner. No county funds will be committed until that takes place.

As part of the County's FY 15 CIP plan, $50,000 was identified by the Board of Supervisors to be allocated to be used for east end trail development.

At this time, the County has entered into a verbal agreement with a landowner and developer in the far eastern portion of the County to develop a linear park. Tentatively titled "West Creek Trails," the proposed trail system would begin at the new apartment complex across from the Wawa on Broad Street. The trail system would utilize an existing utilities easement that runs parallel to Tuckahoe Creek.

Phase 1 of the development calls for a 2.65 mile linear trail system that crosses the creek and terminates at the HCA Emergency Center.

Preliminary talks with the apartment developer include the potential construction of the trail being completed by the developer, leaving the allocated CIP money for trail head development to include parking, signage, and boardwalk crossings. This is still very up in the air as agreements with the interested parties need to be completed.

Central High School - * Update * - *The Central High School Committee presented its report to the Board of Supervisors at the March 2, 2016 3 p.m. meeting. The presentation was conducted by the Vice Chair of the Committee – Sekou Shebaka and Derek Stamey, Director of Parks, Recreation & Facilities.*

The presentation included the process and directives assigned to the committee as well as the proposed reuse of the CHS facility. The presentation also outlined a business plan of diversified programs and revenue streams aimed at meeting the Board's desire for the project to become self-sustaining.

The Board of Supervisors agreed to allow the committee and the County to move forward with the restoration with the work overseen by the PRF Department.

(See Attached presentation to the Board)

No update at this time from a Recreation standpoint. The Central High School committee has been working diligently to identify cost effective ways to renovate the existing structure as well as to appropriately meet needs that are not currently being met within the community. A report to the Board of Supervisors is forthcoming.

The security measures for the gymnasium have been completed. This includes new security doors, 24 hour surveillance cameras, additional lighting, and audible rear door alarms.

The restrooms in the gymnasium portion of the building have been completed. New entry doors and security measures are being installed as well. Additionally, electrical work, tree work, and field improvements have been made to the facility as well.

The Central High School committee has met twice thus far and have begun looking into potential future uses for the structure.

The grand re-opening of the CHS gymnasium is scheduled for Saturday, January 24th, 2015 at 9:30 a.m. The current renovations include a new playing surface in the gym, new HVAC systems for that portion of the building, updated lighting, new paint for the lobby and front classroom, and tile flooring for the lobby area.

Future work will include bathroom renovations, new front doors, and additional security measures for that portion of the building. Treatment of the water system is also a priority.

Since the conclusion of the first public meeting related to the future of the Central High School building, several developments have occurred. Since the meeting, several open houses have taken place to give citizens the opportunity to tour the building.

Also, several groups have offered their own opinions and plans in writing. It is expected that a more clear path related to the future of the building will materialize at the November 18th meeting.

At this time Parks, Recreation & Facilities is lining up contractors to begin work on the gymnasium in the event a decision is made. Contracted work will include HVAC replacement to all roof top units, reworking the gymnasium floor, bathroom improvements, and aesthetic improvements to the lobby. Work in other portions of the building will come in the future.

The public meeting related to the future of the Central High School building was held on Monday, September 8th at 7 p.m. in the Administration board room. 4 options related to the building were discussed, with 2 potential options remaining on the table. At this time, the two options are trying to keep the old building fully intact and the second option of targeted demolition and restoration. Future meetings on the discussion will be scheduled.

$500,000 has been earmarked in the County's CIP plan for the Central High School complex. At this time, the County has not released a finalized plan of what will take place at the site. For months the County has sought citizen input. That information can be given per request.

Parks, Recreation, & Facilities recognize the site's value from an interior and exterior value. County users already utilize the playing surfaces and walking trails. The gymnasium could be renovated and used to house the Department's ever growing programming base, more specifically the basketball program. It should also be noted that the site is identified in the Parks and Recreation Master Plan for adaptive reuse.

It is anticipated that a potential plan for the building and the site could be made public by late fall.

Mathews Park – * Update* - *Work has begun at Matthews Park! At the time of this writing, the parking lot is approximately 50% finished. All rough grading has been completed. All that remains is the stone base and finishing touches such as parking blocks, asphalt, and seeding and strwaing.*

The contractor has worked with us to clear a playground area. The playground install is scheduled for early April. PRF maintenance staff worked in late February to rough in approximately 1 miles worth of trails on the site. Once the parking area and playground are completed, the Department will move forward with the surfacing of the trails.

A ribbon cutting should occur in late April, early May.

The easement relocation agreement has been completed by the County Attorney and approved for dissemination to the adjacent property owner. The County will be moving forward with the Invitation for Bid of the parking lot. At this time the Community Development department has approved the plan of development. Once a contractor is chosen, then the Responsible Land Disturber will be assigned and construction can begin.

The preliminary layout of the trail has been completed. A subsequent trail design is forthcoming. The Mathews playground has been acquired and will be installed once the parking lot has been completed.

Final parking lot drawings and construction documents have been submitted to the County by VHB. Once the easement issue with the adjacent landowner has been worked out, then the construction documents and bid materials can hit the street.

Parks and Recreation has been working with one of the on call engineering firms (VHB) to design and develop a parking lot plan for the access to Mathews Park. At this time, the initial construction documents have been developed and reviewed.

Additionally, Parks and Recreation staff has met with the adjacent property owner to ensure that the development will be friendly and that the park will be a good neighbor. Some concerns expressed by the adjacent landowner was the proposed original location of the parking lot as well as hunting on the property. Based upon their concerns, the parking lot location was shifted away from their property to ensure additional privacy. The County has also agreed to post appropriate signage on site to warn park users of the "end of park property."

The County also has to work through an existing easement on the Mathews Park property for the landowner who owns land to the rear of the park. This is not expected to be an issue.

Once the construction documents are fully completed, the parking lot construction will be bid. Once the lowest responsive bidder is awarded, then construction can begin. Once the parking lot is constructed, the playground install will be scheduled as will the trail system.

At the April 13th 2015 Board of Supervisors meeting, the Board approved an appropriation of $25,000 to begin work on Matthews Park. An additional $50,000 is pending for July 1, 2015. For now, the Department will procure the playground for the park as well as seek out engineering services for the parking lot construction.

The playground was purchased from Play and Park Structures at a significant discount. The playground will be purchased and held in storage until the parking lot construction is completed. At that time, the playground will be professionally installed. The playground itself is suitable for 25-30 kids, ages 2-12.

VHB, one of the County's on call engineers, has been tasked with designing, permitting, and helping to coordinate construction of the ten space parking lot. The design shouldn't take too long and could potentially be put out to bid in early July.

On October 30, 2014, Ms. Lascolette, District 1 Supervisor, held a meeting regarding the future of the proposed Mathews Park site. Several citizens and County stakeholders attended the meeting including Betsy Wright, District 1 RAC member.

After quality discussion, the group determined the best course of action for Mathews Park. At this time, Parks, Recreation & Facilities will work with Schools to open the Byrd multipurpose room 2 times per week for open gym basketball. Additionally, Mathews will proceed with development with a 10 space gravel parking lot, picnic shelter, trails, and a playground. The Goochland High School CTE program will work on shelter construction. Any savings identified in the Mathews project will be utilized to upgrade the baseball field behind Byrd Elementary School.

At this time, all funding for the Mathews Park development is earmarked for FY 16. It was stated that those funds may be allocated a year early to allow for quicker development. Ms. Lascolette plans to unveil this plan at her soon to be scheduled March town hall meeting.

At this time we are researching possible requirements for erosion and sediment controls as well as all necessary permitting prior to any work being completed or attempted at the Mathews site. Currently, a finalized plan of what will be housed there is to be determined. Stay tuned.

The County's CIP does call for FY 16 funds totaling $75,000 to be used for a park development off of Mathews Road. At this time, the amenities on site have yet to be determined. The Mathews Road site was identified in the Parks and Recreation Master Plan adopted and subsequently amended in 2010.

Tucker Park - * Update* - *Due to the heavy snows and rain that Virginia experienced in early 2016, the water levels of the James River remained too high and treacherous to complete the construction of the boat ramp. The window for construction was January 1 – February 15 due to two overlapping mandated efforts – one by the state and one by the federal government. At this time we will be working with our engineering firm and Marine Resource Commission to install the ramp in June once an additional window of work opens.*

LL Bean, slated to begin use of the ramp in May, will use the western side of the park until construction of the ramp occurs.

At the December Board of Supervisors meeting, the purchase order was approved to move forward with the construction of the Tucker Park boat launch. The launch will consist entirely of concrete and will contain 15 steps down to the James River below.

Harbor Dredge and Dock out of Powhatan was the selected vendor for the project with a low bid of $22,000. The completed permitting requires that the launch be completed between the months of January and March.

Maintenance staff has already been working to improve the eastern side prior to the launch installation. Improvements include widening the existing entry, relocating the gate, and fencing off the adjacent land owner's property.

VDOT officials met with Parks, Recreation & facilities to ensure that the existing access is acceptable for the projected amount of use and vehicular traffic. VDOT officials approved the entrance with minor alterations which have been addressed by staff.

Additional improvements have been made to Tucker as well. Maintenance crews have been busy installing new trail surfacing as well as clearing off the old bridge abutment.

The site plan has been completed for the Tucker Park boat launch. Additionally, all permitting is underway as well. The permitting process typically takes 60-90 days. Once the permitting is completed and any recommended changes to the site plan made, then the project may begin.

Parks and Recreation has begun working with the Timmons Group on a site plan for the boat launch. Once the site plan is completed, the boat launch project can be bid to the lowest responsive bidder.

Timmons will be handling the design of the ramp as well as all necessary permitting through the appropriate state agencies.

Some additional good news on Tucker Park…County staff met with representatives of LL Bean in June and discussed their company bringing their Outdoor Adventure Schools to Goochland. This effort would coincide with their grand opening in Short Pump Town Center.

The Outdoor Adventure Schools would include introductory programming associated with kayaking, canoeing, fly fishing, stand up paddle boarding, and archery. These programs are designed to recruit news business and sustain existing business for their company. Registration for their programs would go directly through their website. Use of Tucker Park would be mutually agreed upon through a written agreement and a flat fee paid per calendar year. LL Bean would also become an interested corporate partner in the continued development of the site.

LL Bean's Outdoor Adventure programs typically bring in 1,000 participants per location, many from well outside the general area.

At the June 2015 Board of Supervisors meeting, the Board will be considering a $10,000 appropriation to construct a non motorized boat ramp on the eastern side of Tucker Park. The appropriation is contingent upon the Friends of Goochland Parks putting $5,000 of remaining grant monies toward the project as well. Early estimates on the boat ramp engineering are approximately $5,500. This will include all necessary permitting.

As you may recall, the Department was able to procure free of charge, improvements to an existing roadbed as well as a 10 space parking lot on the eastern side of the park to provide access to a future boat ramps. The estimated cost of the work if performed by the County was $15,000 - $20,000. The eastern side has sat unused or over 2 years.

In addition to the boat ramp, the County has been working to identify ways to improve entry and exit to the park so that larger special events can be pursued. At this time, the Department will be working to install an emergency access road so that traffic can be more quickly removed from 522.

Non Parks and Recreation Projects (Upcoming) – *Parks, Recreation and Facilities is also spearheading several non-recreation related projects including: Courthouse Stair replacement ($60,000), Assessor's Office and DMV renovations ($5,000), Underground Fuel Tank Improvements ($13,000), Parking Lot Sealing and Striping ($5,000), and reinforcement of sub floor in the Social Services offices ($10,000).*

Additionally, the Department has inherited the sidewalk project along Route 6, connecting the High School and GES.

Court House Trails - * Update * - During the time that staff was working to clear the east end easement, they took the time to revisit the Court House Trail area. The trail area has been cleared and work is ongoing to improve the trail surfacing. Appropriate signage is scheduled to be installed this week and the trail system will be advertised as open

Active GVA Introduction & Update – Effective October 1, 2015, The Department is scheduled to unveil a new initiative, Active GVA. Active GVA has its roots in a meeting attended by the Director regarding the

Active RVA initiative with the Richmond SportsBackers. At its heart, the initiative recognizes the need for individuals of all ages and abilities to become more active physically.

The Department will be working to incorporate its own Active GVA initiative by focusing on self-directed activities within the County's park and recreation system. Open gym sports, the weight room, cardio room, trails, the James River, and other park amenities will be collectively marketed in an effort to get folks up and moving utilizing existing County resources.

Additionally, the Active GVA program will also allow us to install the new card pass system for all indoor amenity users. Each 18 and over users will be allowed to register to use the indoor amenities. 17 and under users can be a part of their parent's Active GVA membership. Cards are very similar to the MVP keychains that you can receive at Food Lion.

Cards must be presented to P and R staff prior to any use of the building. This will accomplish two major goals of the Recreation team. 1. Provide more accurate data concerning the use of County resources and 2. Allow for greater building security by accurately knowing who is currently located within the building.

One item to note, this systematic capability already exists within our current ActiveNet software infrastructure. We only had to activate it.

All cards will feature the Active GVA logo. The Active GVA logo is also going to be appearing prominently within the program guide, along park trails, and on uniforms.

A data analysis on the initiatives impact and return on investment is currently underway.

Programming Review & Preview

The Recreation Team has seen a significant jump in registrations and revenue over FY 15 numbers. Please see below for camp registration numbers as well as general program and revenue.

Camp Registration – YTD 153, this time last year 66, an increase of 56%.

Total registrations YTD
FY 16 - 991
FY 15 – 827

The total increase YTD over FY 15 is 164, or 19.8%

Revenue
FY 16 – 73,283
FY 15 – 65,530

Total revenue increase YTD over FY 15 is $7,753, or 11.8%.

Basketball Recap
The 8-week basketball season started in January with a total of 26 teams. One week was rescheduled due to snow. Play-offs are scheduled to begin March 13th. We are preparing to have a basketball

committee that will begin after basketball season. It will be composed of parents and coaches. The committee will meet to discuss goals for the future seasons of basketball.

Ages 4-5= **25 kids**- 4 teams
Ages 6-7= **46 kids**- 6 teams
Ages 8-10= **70 kids**- 8 teams
Ages 11-13= **46 kids**-5 teams
Ages 14-18= **24 kids**- 3 teams

TOTAL: **211 kids**- 26 teams

ACTIVE GVA
Adult Volleyball Ages: 16 and up
Come play volleyball at the Goochland Sports Complex Gym on Sundays. Check County website, Department Facebook, and at the gym if schedule does change.

4404.506 Sunday October 4, 2015 - April 24, 2016
5pm to 7:30pm
Goochland Sports Complex Gym

Pickleball
PICKLEBALL ANYONE? Played on a standard badminton court smaller than a tennis court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball similar to a whiffle ball and wood or composite paddles comparable to ping pong paddles but slightly larger. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. JOIN US Mondays & Wednesdays at the Goochland Sports Complex gym from 11am until 1pm! Learn this exciting new game that is great for ALL ages!

3304.542 Monday & Wednesday August 17 - December 23
19 Week Session 11am to 1pm
Goochland Sports Complex Gym FREE

Tucker's Tots
Tucker's Tots Ages: 3-4
All of our class curriculum addresses beginning intellectual, social, emotional and physical development. This is done by teaching basic academic concepts-letters, sounds, reasoning, sequencing, classifying numbers & counting. Demonstrating responsible emotional behaviors, developing physical skills & coordination. Learning social skills and character education working with weekly themes and discovery play. All children must be toilet trained, ages are 3 to 4 years 11 months. The Arts Academy is located at 2938 River Road West, adjacent to the Courthouse Complex.

5101.535 M W F September 2 -30
9:05 AM - 12:00 pm Arts Academy Building $150

5101.536 M W F October 2 - 30
9:05 AM - 12:00 pm Arts Academy Building $150

5101.635 M W F November 2 - 30
9:05 AM - 12:00 pm Arts Academy Building $150

5101.636 M W F December 2 - 18
9:05 AM - 12:00 pm Arts Academy Building $150

5101.135 M W F January 4 -29
9:05 AM - 12:00 pm Arts Academy Building $150

5101.136 M W F February 1 - 29
9:05 AM - 12:00 pm Arts Academy Building $150

5101.235 M W F March 2 - 30
9:05 AM - 12:00 pm Arts Academy Building $150

5101.236 M W F April 1 – May 13
9:05 AM - 12:00 pm Arts Academy Building $150

Tuckers Academy

Tucker's Tennis Ages: 3-4
Kids ages 3-4 years old would learn the basic skills of playing tennis, we would set up a smaller tennis net on the courthouse lawn and use foam balls and smaller tennis racquets to learn how to hit the tennis ball. We will also play games related to tennis. The children need to bring a bag lunch and will have lunch right after Tucker's Tots.

5104.568 Wednesday September 9 - 30
4 Week Session Noon to 1pm
Arts Academy at Arts Academy $40

5104.569 Wednesday October 7 - 28
4 Week Session Noon to 1pm
Arts Academy at Arts Academy $40
Instructor: Lynne Siewers

Tucker's Time Ages: 5 & under
Join us in the gym for two hours of bouncy fun! Climb on the mats, play with the balls, or jump around in the bounce house! Tucker's Time is for parents and toddlers to socialize and enjoy play time together in a safe environment. Come join in any time and bring your friends!

7404.527 Tu September 1 –December 15 Drop In Program
11:05 AM - 1:00 pm GSC Gym FREE

Tucker's Time - Edible Jack-o-Lanterns & Pumpkins Ages: 3-5
Come create with us! Children will spend time creating their very own tasty jack-o-lantern and decorating Halloween themed treats! Things will get messy, so please dress accordingly. Parents must stay with child during the program.

5104.522 Sa October 10 One Time Program
9:00 am - 10:00 am GSC Classroom B $25

Tucker's Time - Gingerbread Houses Ages: 3-5
Come create with us! Children will spend time creating their very own gingerbread house to take home. Things will get messy, so please dress accordingly. Parents must stay with child during the program.

5104.611 Sa December 12 One Time Program
9:00 am - 10:00 am GSC Classroom B $25

Tucker's Production Company Ages: 6-12
"All the world's a stage!" Join in on the make believe, experience teaching methods, and tools of the stage. Participants will learn blocking, improvisation and auditioning. This program will build confidence and help lead your up and rising star to success! At the end of the class, participants will perform a play for family and friends.

7104.523 Tu September 15 – December 8 12 Week Session
6:30 pm - 8:30 pm GSC Dance Studio $75

RECZone
Strokes of Genius - Drawing Classes for Kids Grades 1-5
Calling all young artists: if you like to draw and would like to get better then sign up now! Super fun lessons, awesome teachers and fundamental drawing techniques await. From animals to objects to cartoons and more these lessons will over a wide variety of subjects and will help build your confidence. Drawing is the FIRST critical art skill that you should have. Once you learn to drawn then the sky is the limit for your creativity. Come join the fun!

5104.598 Tu September 29 – October 27 5 Week Session
3:15 pm - 4:30 pm Goochland Elementary School $65
Young Rembrandts

5104.597 Th October 1 - 29 5 Week Session
3:15 pm - 4:30 pm Randolph Elementary School $65
Young Rembrandts

5104.599 M October 5 – November 2 4 Week Session
3:15 pm - 5:15 pm Byrd Elementary School $85
Young Rembrandts

Youth Horseback Riding Program Ages: 6-18
Riding lesson weekly after school. Students will learn to groom, tack, and ride. Jumping lessons available for more advanced students. Choose between horseback riding and equestrian vaulting. Transportation

available for students at Goochland and Randolph Elementary. Students must be picked up from Swift Creek School of Equitation.

5104.590 W September 2 -30 5 Week Session
3:30 pm - 5:30 pm Swift Creek School of Equitation $175

5104.591 W October 7 – November 4 5 Week Session
3:30 pm - 5:30 pm Swift Creek School of Equitation $175

5104.621 W November 11 – December 16 5 Week Session
3:30 pm - 5:30 pm Swift Creek School of Equitation $175

5104.142 W January 6 – February 3 5 Week Session
3:30 pm - 5:30 pm Swift Creek School of Equitation $175
Instructor: Swift Creek School of Equitation

Creative Kids - New Drawing Adventures Grades 1-5
All new lessons await both new and returning artists in this exciting drawing session. For new artists, you will learn to draw with success and for returning artists you will further improve your skills. Just like in sports, the more you draw and practice the better you will get! These lessons are a blast...learn, laugh and have a great time.

5104.699 M November 30 – January 30 4 Week Session
3:15 pm - 5:15 pm Byrd Elementary School 85

5104.698 Tu December 1 – January 12 5 Week Session
3:15 pm - 4:30 pm Goochland Elementary School 85

5104.697 Th December 3 – January 14 5 Week Session
3:15 pm - 4:30 pm Randolph Elementary School 85
Instructor: Young Rembrandts

Kids Tennis Ages: 11-18
Students ages 11-18 will learn and review the fundamental of strokes: forehand, backhand, volley, serve and rules of the game. Students will be challenged with drills and having fun with a sport they can play for life. Transportation available for students at Goochland Middle/High School. Students must be picked up from Reynolds Recreation Complex tennis courts.
5104.545 Thursday September 17 - October 22
6 Week Session 3:45pm to 4:45pm
Reynolds Recreation Complex $60
Instructor: Lynne Siewers

QuickStart Tennis Ages: 5-10
The Parks and Recreation is offering a new format to help children ages 5-10 learn to play the exciting game of tennis! The size of the courts, the equipment, and even the net height have been decreased to make learning easier for children. These changes will ensure the success of all participants, even if they have never picked up a racquet before.
5104.572 Tuesday September 15 - October 20

6 Week Session 3:30pm to 4:30pm
Randolph Elementary School $60

5104.573 Wednesday September 16 - October 21
6 Week Session 3:30pm to 5pm
Byrd Elementary School $65
Instructor: Lynne Siewers

QuickStart Tennis Ages: 5-10
The Parks and Recreation is offering a new format to help children ages 5-10 learn to play the exciting game of tennis! The size of the courts, the equipment, and even the net height have been decreased to make learning easier for children. These changes will ensure the success of all participants, even if they have never picked up a racquet before. Transportation will be provided from Goochland Elementary School. Students must be picked up from Central High School gym. No class on September 28th and October 19th.

5104.574 Monday September 21 - October 26
5 Week Session 3:30pm to 4:30pm
Central High School gym $50
Instructor: Lynne Siewers

Variety Sports Ages: 5-12
Children ages 5 - 12 will be participating in kickball, soccer, basketball, tennis, and other fun activities. The emphasis throughout these activities is on fun and teamwork not winning or losing. Transportation will be provided from Goochland Elementary School. Students must be picked up from Central High School gym. No class on November 24th.

5104.581 Tuesday November 3 - December 15
6 Week Session 3:30pm to 4:30pm
Central High School gym $60
Instructor: Lynne Siewers

Basketball Ages: 5-12
This summer camp program develops the abilities children need to participate in basketball. This coed program will develop the abilities boys and girls need to develop leadership, cooperation, self-esteem, creativity and the sense of fair play. The emphasis throughout the activities is on fun and team work, not winning or losing. Focus will be on individual offense, individual defense, team offense and team defense.

5104.575 Thursday October 15 - November 19
6 Week Session 3:30pm to 5:30pm
Byrd Elementary School $75

5104.576 Wednesday October 14 - November 18
3:30pm to 4:30pm
Randolph Elementary School

Variety Sports Ages: 5-12
Children ages 5 - 12 will be participating in kickball, soccer, basketball, tennis, and other fun activities. The emphasis throughout these activities is on fun and teamwork not winning or losing. No class on November 25th.

5104.577 Wednesday November 4 - December 16
6 Week Session 3:30pm to 5:30pm
Byrd Elementary School $75

5104.580 Tuesday November 3 - December 15
6 Week Session 3:30pm to 4:30pm
Randolph Elementary School $60
Instructor: Lynne Siewers

Destination Recreation
Autumn Color Necklace Ages 14+
This gorgeous necklace made with hemalyke and cat's eye beads is a stunner.

4401.520 W October 7 One Time Program
9:00 am - 11:00 am GSC Classroom B $40
Instructor: Bead Kits, LLC

Bead Weaving Netted Necklace Ages 14+
This necklace design won 1st place for beaded jewelry at the 2014 State Fair of VA. Learn the netted bead weaving technique while making this beautiful necklace that is sure to get you lots of compliments.

4401.625 Tu November 3 One Time Program
6:30 pm - 8:30 pm GSC Classroom B $35
Instructor: Bead Kits, LLC

Bead Weaving St. Petersburg Necklace Ages: 14+
Make this pretty necklace while learning the St. Petersburg stitch. This necklace is a graceful addition to any neckline but works especially well with strapless or spaghetti strap dresses. Looks great for weddings or other special occasions. Several color variations to choose from.

4401.524 W September 30 One Time Program
9:00 am - 11:00 am GSC Classroom B $35
Instructor: Bead Kits, LLC

Blue Crystal Flower Bracelet Ages: 14+
Make an eye-catching bracelet with top quality glass pearls and crystal bi-cones.

4401.624 W November 4 11/4/2015 One Time Program
9:00 am - 11:00 am GSC Classroom B $35
Instructor: Bead Kits, LLC

Earring Basics Ages: 14+

Learn about designing and the types of earring components while making 4 pairs of earrings using different techniques while make creating 4 pairs of earrings.

4401.521 Tu October 20 One Time Program
6:30 pm - 8:30 pm GSC Classroom B $35
Instructor: Bead Kits, LLC

Introduction to Beading Age: 14+
Two - 2 hour classes. Learn the basics of beaded jewelry construction, bead sizes & types, different stringing materials & stringing techniques, types of claps & how to choose the right one while making a necklace and earrings.

4401.525 Tu W September 22 - 23 2 Day Session
6:30 pm - 8:30 pm GSC Classroom B $50
Instructor: Bead Kits, LLC

Kumihimo Ages: 14+
Two - 2 hour classes. Kumihimo is a form of braiding from Japan that's done on a disk. Learn how to use the disk with beads and create a beautiful necklace.

4401.619 W Th November 18 - 19 2 Day Session
9:00 am - 11:00 am GSC Classroom B 35
Instructor: Bead Kits, LLC

Medieval Archery Ages: 10+
The Medieval Bow was the bane of the French Knight, a blessing to the Welsh & English and as important to the Samurai as his sword. Learn the techniques of Archery while enjoying an ageless sport promoting physical fitness as well as the discipline required to learn it's art. Students will need to provide their own lunch. No flip-flops or bare feet.

5401.522 Sa October 10 One Time Program
10:00 am - 2:30 pm Tucker Park $60
Instructor: Sir Blackwolf & Dame Gragyning

Netted Christmas Ornament Cover Ages: 14+
Learn the netted bead weaving technique while making this beautiful ornament cover.

4401.618 Th December 3 One Time Program
6:30 pm - 8:30 pm GSC Classroom B $35
Instructor: Bead Kits, LLC

Rubber O-Ring Flower Bracelet Ages: 14+
This is not your daughter's rubber band bracelet! Make this rubber o-ring bracelet and that's great for everyday wear but be ready for lots of compliments! The rainbow version won 3rd place in mixed medium jewelry at the 2014 State Fair of VA.

4401.523 Th October 8th One Time Program
6:30 pm - 8:30 pm GSC Classroom B $35

Bead Kits, LLC

School Spirit Class Ages: 14+
Complete your tailgating outfit with jewelry you can be proud of in your favorite school's colors. Choose from Goochland, Louisa, VCU, UVA, VT, Duke, Tennessee, JMU. If your team's colors aren't listed, identify at registration and I will customize for you

4401.519 Tu September 29 One Time Program
6:30 pm - 8:30 pm GSC Classroom B $35
Instructor: Bead Kits, LLC

Woodland Bracelet Ages: 14+
Learn to make this popular bracelet made with jasper, agate and seed beads.

4401.522 W October 28 One Time Program
9:00 am - 11:00 am GSC Classroom B $35
Instructor: Bead Kits, LLC

NRA Home Firearms Safety Course Ages: 21+
Three hour Basic Pistol Course that satisfies Virginia Concealed Carry Weapons Permit Classroom Instruction. No personal weapons allowed on property.

4204.577 Tu October 6 One Time Program
6:00 pm - 9:00 pm GSC Classroom B $65
Instructor: Jesse Todd

NRA Home Firearms Safety Course Ages: 21+
Three hour Basic Pistol Course that satisfies Virginia Concealed Carry Weapons Permit Classroom Instruction. No personal weapons allowed on property.

4204.677 Tu December 1 One Time Program
6:00 pm - 9:00 pm GSC Classroom B $65
Instructor: Jesse Todd

Family Camp Out at Tucker Park All Ages
Camp out at Tucker Park! Bring your basic camping supplies and fishing supplies. Enjoy some light fishing, games, star gazing, and a bonfire (hot dogs and light refreshments included). Bring your family out for a night to remember, under the stars! Price is $20 per tent (or 4 people). Registration is due no later than September 18th.

7404.602 F September 25 - 26 One Time Program
6:00 pm - 10:00 am Tucker Park $20
Instructor: Jesse Todd

Float the James All Ages
Join us on a relaxing float down the James! Participants must provide their own lunches, canoe/kayak, and life jackets. Licensed fishermen, feel free to bring your fishing equipment. We will put in at the Westview landing at 7am. Registration is required.

7404.603 Sa October 3 One Time Program
7:00 am - 3:00 pm Meet at Westview FREE
Instructor: Jesse Todd

Dog Obedience I Ages: 18+
Basic Class will instruct owners how to teach their dogs to sit, lie down, stay and come on command. Instruction includes loose leash walking with social interaction skills. Up to date shot records and 6 foot leash is required. 10% discount for rescues or dogs adopted from shelters.

7401.600 Tu October 27 – December 1 6 Week Session
6:00 pm - 7:00 pm OMS $60
Instructor: Front Door Dog Training

Dog Obedience II Ages: 18+
Intermediate Class will instruct owners how to teach their dogs to stand for examination, heel, wait, out of site stay and come past distractions on command. Up to date shot records and 6 foot leash is required.10% discount for rescues and adopted shelter dogs.

7402.600 Tu October 27 – December 1 6 Week Session
7:00 pm - 8:00 pm OMS $60
Instructor: Front Door Dog Training

Dog Obedience III Ages: 18+
Advanced Class will reinforce skills acquired in the Beginner and Intermediate classes...only without a leash. Up to date shot records and 6 foot leash is required. 10% discount for rescues and adopted shelter dogs.

7403.600 Tu October 27 – December 1 6 Week Session
8:00 pm - 9:00 pm OMS $60
Instructor: Front Door Dog Training

Extreme Teens: Paint War Ages: 12-18
Grab your friends, your running shoes, and some clothes you don't mind getting messy and join us for some fun! Participate in a short run (1/2 mile) through the woods. At the end of the run, you will be able to use your paint 'grenades' and 'guns' to paint the competition! Please dress appropriately, things will get messy.

6104.501 Su October 4 One Time Program
4:00 pm - 5:00 pm Leakes Mill Trails & Field $20

Barre Fitness Ages: 15-70
This latest trend in exercise fun has jus arrived to Goochland from LA, NYC, and DC! Low impact (no jumping) small isometric movements done at the ballet barre. Set to motivating music that promises to lift your "seat" tone your body and burn fat whether you are a first timer or a regular, there are modification options for all levels.

4201.522 Th September 10 – October 22 7 Week Session

6:30 pm - 7:30 pm GSC Dance Studio $84

4201.527 Th October 29 – December 17 7 Week Session
6:30 pm - 7:30 pm GSC Dance Studio $84
Instructor: Cindy Mills

Children's Ballet I Ages: 5-7
Your dancer will hardly know that she is learning proper Ballet, terms, techniques and discipline, because it is so much fun! This "early level" class is appropriate for a beginning and intermediate dancer. Participants should wear a pink or black leotard with any color tights. Ballet shoes need to be black, white, or pink.

5104.596 Th September 10 – October 22 7 Week Session
5:30 pm - 6:25 pm GSC Dance Studio $84

5104.595 Th October 29 – December 17 7 Week Session
5:30 pm - 6:25 pm GSC Dance Studio $84
Instructor: Cindy Mills

Do You Want to Paint a Snowman? Ages: 6-10
This class will be about all things frozen as we paint our snowmen! Join us for painting, a movie, and light refreshments. Canvases will be prepared and all materials are included. Things may get messy, so please dress accordingly. Register early, space is limited.

5104.612 Sa December 12 One Time Program
10:30 am - 12:00 pm GSC Classroom B $15

The Great Pumpkin! Ages: 6-10
Join us for this Fall themed session of Passing for Painting! Enjoy painting, a movie, and light refreshments. Canvases will be prepared and all materials are included. Things may get messy, so please dress accordingly. Register early, space is limited.

5104.513 Sa October 10 One Time Program
10:30 am - 12:00 pm GSC Classroom B $15

Variety Sports Mini Camp Ages: 5-12
This camp is all about fun! Children ages 5 - 12 will be participating in kickball, soccer, wiffleball, tennis, and other fun activities. The emphasis throughout these activities is on fun and teamwork not winning or losing. Before/After care is provided for an additional $5.
8104.578 Monday September 28
1 Day Session 9am to 3pm
Goochland Sports Complex Gym $25
Instructor: Lynne Siewers

Tennis Mini Camp Ages: 5-12

Children ages 5 - 12 will learn and review the fundamental of strokes: forehand, backhand, volley, serve and the rules of the game. Children will be challenged with drills and also having fun with a sport they can play for life. Before/After care is available for an additional $5.

8104.428 Monday September 28
9am to 3pm One Day Session
Goochland High School Tennis Courts $25
Instructor: Lynne Siewers

Basketball Mini Camp Ages: 5-12
This summer camp program develops the abilities children need to participate in basketball. This coed program will develop the abilities boys and girls need to develop leadership, cooperation, self-esteem, creativity and the sense of fair play. The emphasis throughout the activities is on fun and team work, not winning or losing. Focus will be on individual offense, individual defense, team offense and team defense.

8104.594 Monday October 19
1 Day Session 9am to 3pm
Goochland Sports Complex Gym $25

Winter Break Basketball Camp Ages: 4-18
A 2 day instructional camp to enhance individual and team skills after the first three practices of the year. Camp is designed to further prepare recreational players prior to the start of the basketball regular season. Focus will be on individual offense, individual defense, team offense and team defense. Program is FREE to players registered in the Youth Basketball League. $15 for General Public. REGISTRATION IS REQUIRED!

1104.168	Goochland Sports Complex gym 1pm to 4pm	Tue, December 29 - Wed, December 30
1104.167	Goochland Sports Complex Gym1pm to 4pm	Tue, December 29 - Wed, December 30
1104.165	Goochland Sports Complex Gym9am to Noon	Tue, December 29 - Wed, December 30
1104.166	Goochland Sports Complex Gym9am to Noon	Tue, December 29 - Wed, December 30

Adult Basketball Church League Ages: 18 and up
Each team must be affiliated with and represent a local church, non church teams will not be allowed into the league. All games will be held at Central High School Complex gym on Monday & Thursday evenings. There will be 9 weeks of regular season and 1 week of tournament play. Registration deadline is Friday, December 18th. There will be a mandatory team captain meeting on Thursday, December 17th in the Central High School Complex front classroom at 7pm.

2204.105 Monday & Thursday January 12 - March 15
10 Week Session 6pm to 9pm
Central High School Complex Gym $350

Fall Basketball League Ages: 8-18
Prep United Basketball is proud to team up with Goochland County Parks, Recreation & Facilities to sponsor the Prep United Fall League. Ages 8 thru 18, this league is a family oriented league geared towards kids who love the sport of basketball. Prep United Coaches will instruct in the fundamentals of

the game and provide the coaching necessary for your child to both enjoy the game and grow as a player. Teams as well as individuals are welcome to sign up for this 7 week regular season with 1 week of tournament play. The league will end with a single elimination playoff making it one of the most exciting and fun sports experiences for your child this fall.

1104.505 Monday & Thursday September 21 - November 19
8 Week Session 6pm to 9pm
Central High School Complex Gym

Baseball Lessons Ages: At least 6 but less than 18
For the first time, Goochland Parks & Recreation is pleased to offer individual baseball lessons taught by former college baseball players, and local GYAA baseball coaches, Chris Williams (JMU) and Tim Williams (VMI), with prize1924. Lessons are focused on building the essential skills for baseball progression. Tailored around the skill level and experience of the player, sessions include skill-specific drills, conditioning, baseball application and some baseball history, all designed to reinforce and enhance player development. Schedule will be made by the parent and Chris Williams once child is registered. Half hour session is $25 and an hour session is $40. Five half hour sessions are $110 and five hour sessions are $185. Coaches Chris and Tim Williams have coached for years in the area and pride themselves in introducing college-level techniques to train young athletes and better prepare them for competition. It is their personal philosophy that the earlier the athlete is exposed to monitored, high-level training, the better. Choose from the following individual skills, or work with the coaches to design a program to include multiple skills to develop the overall baseball player: Pitching, Catching, Fielding (Infield Fielding & Outfield), Hitting (includes bunting), Base running. About the instructors: Coaches Chris and Tim Williams were both highly recruited for Division I baseball and football. While Coach Tim played both baseball and football in college and had successful careers in each, including all-conference, multiple player of the week selections, and other honors, Coach Chris focused specifically on baseball and held the single season hits (singles) record for several years at JMU, received all conference honors, and was named to the "All Virginia Baseball Team" along with players from UVA, VA Tech, ODU, VCU, and UR standout and MLB star, Sean Casey.

1104.537 5 half hour sessions $110
1104.539 5 hour sessions $185
1104.540 half hour session $25
1104.527 hour session $40
Instructor: Chris Williams

Basketball
Our 8 week youth league is designed to enhance basketball skill and understanding in a team environment. This league is an introduction to basketball rules and team skill through play. Designed to enhance our co-ed participant's aptitude, skills and confidence. Games will be played on Saturdays with practice scheduled once during the week.
Sat, January 23- March 12
Our 10 week youth league is designed to enhance basketball skill and understanding in a team environment and competitive play. Designed to enhance our co-ed participant's aptitude, skills and confidence. Games will be played on Saturdays with practice scheduled once during the week.
Sat, January 9, 2016 - Sat, March 12
1104.180 (4-5)

1104.179 (6-7)
1104.178 (8-10)
1104.177 (11-13)
1104.176 (14-18)

ACLS Ages: 14 and up
This course is for healthcare professionals who either direct or participate in the management of cardiopulmonary arrest or other cardiovascular emergencies. This includes personnel in emergency response, emergency medicine, intensive care and critical care units such as physicians, nurses, and paramedics, as well as others who need an ACLS course completion card for job or other requirements. This course emphasizes the importance of basic life support CPR to patient survival, the integration of effective basic life support with advanced cardiovascular life support interventions, and the importance of effective team interaction and communication during resuscitation. Simulated clinical scenarios encourage active, hands-on participation through learning stations where students will practice essential skills individually, as part of a team, and as a team leader. Realistic simulations reinforce the following key concepts: proficiency in basic life support care, recognizing and initiating early management of periarrest conditions, managing cardiac arrest, identifying and treating ischemic chest pain and acute coronary syndromes, recognizing other life-threatening clinical situations (such as stroke) and providing initial care, ACLS algorithms, and effective resuscitation team dynamics. If you only need a recertification course for ACLS, you can just come for Day 2. Please let the Department know when you register.

4204.539 Sat, October 17 - Sun, October 18
9am to 4pm Two Day Session
GTE $154

4204.542 Sunday October 18 Recertification
9am to 3pm One Day Session
GTE $129
Instructor: Antionique Jones

Basic Life Support (BLS) Ages: 14 and up
This certification is ideal for learners who prefer group interaction and feedback from an instructor while learning skills. Teaches both single-rescuer and team basic life support skills for application in both in- and out-of-hospital settings. Added emphasis on team resuscitation and focuses on the critical concepts of high-quality CPR.

4204.552 Saturday September 26
2pm to 6pm One Time Session
GTE $29
Instructor: Dr. Antionique Jones

Heart Savers CPR/AED Ages: 14 and up
Skills are taught using AHA's research-proven Practice-While-Watching technique, which allows Instructors to observe students, provide feedback and guide students' acquisition of skills. Modular

format creates course flexibility. Ideal for learners who prefer group interaction and feedback from an instructor while learning skills. Each student receives the highest quality course materials to supplement their learning. Skills practice and testing included during course to ensure students demonstrate competency performing skills. This course is for anyone with limited or no medical training who needs a course completion card in CPR/AED to meet job, regulatory or other requirements.

4204.549 Saturday September 26
9am to 1pm One Time Session
GTE $29
Instructor: Dr. Antionique Jones

Nurse Aid Program Ages: 16 and up
The Royal Career Institute's Nurse Aide Program is a Virginia Board of Nursing approved course. It consists of a minimum of 80 hours of didactic training and 40 hours of clinical practical training. Graduates will be eligible to take the National Certification Exam for initial recognition as a Certified Nursing Aide. The NA curriculum consists of didactic and clinical components designed to enable the student to accomplish the program's terminal objectives. The curriculum is designed to instill the knowledge and skills needed to care for those whose lives depend on others in order to meet their daily needs as well as the human responses and needs of individuals with illness. The training program uses the curriculum provided by the Virginia Board of Nursing. The purpose of the Nurse Aide Program is to prepare the student to be able to provide exceptional, high quality and compassionate care for patients and residents in any health care setting where CNA?s are hired. In addition the program aims to prepare the student to work with other members of the health care team to improve patient care and clinical outcomes. The program emphasizes knowledge development beyond that of entry-level Nurse Aide programs by including coursework in patient safety and human factors, quality assessment and improvement, interdisciplinary teamwork, and Professional Development Training.
Upon completion of the Nursing Aide Training Program, the graduate will: 1. Describe the functions of body systems appropriate to the nursing assistant scope of practice.2. Describe the roles and responsibility of nursing assistants including ethics, communication, legal responsibilities, abuse laws, and Virginia State Board of Nursing regulations.3. Demonstrate professional communication skills including recording and reporting, and legal and ethical responsibilities.4. Demonstrate safety and infection control practices that comply with standards of practice for nursing assistants.5. Identify stages of growth and development.6. Define common medical terms and abbreviations used in health care.7. Demonstrate competence and proficiency in the following categories of skills:a. Communication and interpersonal relationships.b. Safety and infection control.c. Personal care procedures.d. Vital signs.e. Nutritional requirements and techniques.f. Admission, transfer, and discharge procedures.g. Exercise and activity.h. Elimination.i. Unsterile warm and cold applications.j. Care to clients with special needs.k. End of life care.l. Care to clients with cognitive impairment.m. Comply with privacy and confidentiality laws.n. Demonstrate behaviors consistent with professional work ethics.o. Adhere to the policies and procedures of clinical sites.8. All graduates of the Nursing Aide Training Program will be eligible to take the National Nurse Aide Assessment Program Exam.

4204.538 M W F Sa September 28 - December 5
5:30pm to 9:30pm 10 Week Session
GTE $1,314
Instructor: Dr. Antionique Jones

PALS Recertification Ages: 14 and up

PALS is for healthcare providers who respond to emergencies in infants and children. These include personnel in emergency response, emergency medicine, intensive care and critical care units, such as physicians, nurses, paramedics and others who need a PALS course completion card for job or other requirements. This course will include simulated pediatric emergencies teach and reinforce the important concepts of a systematic approach to pediatric assessment, basic life support, PALS treatment algorithms, effective resuscitation and team dynamics. Emphasizes the importance of basic life support CPR to patient survival, the integration of effective basic life support with pediatric life support interventions, and the importance of effective team interaction and communication during resuscitation. If you only need a recertification course for ACLS, you can just come for Day 2. Please let the Department know when you register.

4204.541 Sat, November 14 - Sun, November 15
8am to 3pm Two Day Session
GTE $154

4204.548 Sunday November 15 Recertification
8am to 3pm One Day Session
GTE $129
Instructor: Dr. Antionique Jones

Special Events

Special Event Calendar for 2016

April	Saturday 2nd	9am-5pm	Pickleball Tournament
	Saturday 16th		GYAA Opening Day
May	Tuesday 3rd	5:30-7:30pm	Wall of Fame (Recreation Advisory Commission)
	Saturday 7th	8am-1pm	Vendor Fair (partnership Fire & Rescue)
	Saturday 21st		Relay for Life (Advertising & Promotion)
July	Monday 4th	9pm	Fireworks
	Monday 11th	5:30-7:30pm	Tucker's Tots Preschool Open House
August	13th or 20th		Glow in the Dark Dodgeball Tournament
September	TBD		County Employee Picnic
October	Thursday 27th	3:30-4:30pm	Trick or Treat at Goochland Administration
	Saturday 29th	12-4pm	Goochland County Fall Festival
November	Saturday 12th	9am	Youth Basketball League DRAFT
December	Friday 2nd	6:30-8pm	Christmas Tree Lighting & Holiday Celebration

Thursday 8th 5:30-8pm Santa Calling (Recreation Advisory Commission)

Special Event Attendance/Participation FY 15

FY15 SPECIAL EVENTS

Fireworks	17,000
County Admin Trick or Treat	50
Fall Festival	3,500
Christmas Tree Lighting & Holiday Celebration (YMCA Partnership)	625
Santa Calling (Recreation Advisory Commission)	35
GYAA Opening Day (Department support)	1,500
Ice Cream Social Second Union Rosenwald School partnership	250
Chamber Family Night at Bogey's Sports Park (Department support)	125
Goochland Green Day (Department support)	50
County wide Yard Sale (partnership Fire & Rescue)	750
Wall of Fame (Recreation Advisory Commission)	40
	23,925

Advertising

Total Recreation and General Advertising for the Summer 2016 Program Guide is $2,175. Expenditures are $3,559. Cost recovery on advertising is approximately 61%.