

FUN PLACES & OPEN SPACES

Winter Spring 2017

Community Edition



Featuring the Virginia Cooperative Extension, Pamunkey Regional Library & Goochland YMCA

Winter Spring 2017

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Recreation Advisory Commission:

- District 1 Betsy Wright
- District 2 Bob Wheatley
- District 3 Larry Proffitt
- District 4 Don Sharpe
- District 5 Taylor Keeney
- At Large Keisha Carroll

- Derek Stamey *Director*
- Nancy Payne *Office Assistant*
- Michelle Swalin *Recreation Manager*
- Jessica Kronberg *Program Coordinator*
-Community Programs
- Katrina Thompson *Program Coordinator*
-Athletics & Wellness
- Josh Carter *Program Coordinator*
-Facilities
- Mike Hahn *Program Coordinator*
-Facilities
- Larry Hicks *Facilities Supervisor*
- Carl Lacy *Grounds Supervisor*
-Government & Schools
- Ben Solomon *Grounds Supervisor*
-Parks & Athletics
- Roy Palmore *Custodial Supervisor*

Find us on Facebook.



Board of Supervisors



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District 2
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District 3
Ned S. Creasey



District 4
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District 5
Ken Peterson

Mission Statement:

To enhance the quality of life of all Goochland citizens by providing, developing and advocating for quality parks and recreational resources and leisure services.

Parks, Recreation and Facilities and the Goochland community enjoyed an outstanding Fall 2016 season and we're gearing up for an even better winter and spring for 2017!

The annual Fall Festival saw an estimated 3,500 people in attendance. The baseball, football, and soccer fields were filled with kids having a great time. Folks were out enjoying facilities new and old! Be sure to check out our newest slate of Tucker's Tots programs, our summer camp reppo, and our Active GVA initiative. The enjoyment doesn't stop with programs, facilities are still under development. Leakes Mill Park phase 2 will begin construction in late winter with an early summer completion, trails will be finished at Matthews Park, and the Central High School Cultural and Educational Complex will be completed this Spring!

Stay tuned to our Facebook page for periodic updates and stay on the lookout for continued facility developments. Have a great holiday season and a happy new year!

Department Hours

Administrative Office:
Monday-Friday 8:30am-5pm

Outdoor Facilities:
Open daily dawn to dusk

Sports Complex Indoor Facilities:
Monday, Tuesday & Thursday
8:30am-8:30pm
Wednesday & Friday
8:30am-5pm
Sunday: 2-7:30pm

Please check County website or Department Facebook for latest information on weather postings or program cancellations.

1800 Sandy Hook Road,
P.O. Box 910
Goochland, VA 23063

Recreation Phone: (804) 556-5854
Fax: (804) 556-2763
Maintenance Phone: (804) 556-5330
Fax: (804) 556-5342

Parks, Recreation & Facilities Program Locations

Arts Academy of Goochland

2704 River Road West
Goochland, VA 23063

Byrd Elementary

2704 Hadensville-Fife Road
Goochland, VA 23063

Central High School Cultural and Educational Center

2748 Dogtown Road
Goochland, VA 23063

Centerville Company 3

52 Broad Street Road
Manakin-Sabot, VA 23103

Courthouse Trails

2938 W River Road
Goochland, VA 23063

Goochland Sports Complex

1800 Sandy Hook Road
Goochland, VA 23063

Goochland Elementary

3150 River Road West
Goochland, VA 23063

Goochland High School Middle School Complex

3250 River Road West
Goochland, VA 23063

Hidden Rock Park

1920 Hidden Rock Lane
Maidens, VA 23102

Leakes Mill Park

3951 River Road West
Goochland, VA 23063

Matthews Park

5399 Matthews Road
Goochland, VA 23063

Pamunkey Regional Library

3075 River Road West
Goochland, VA 23063

Randolph Elementary

1552 Sheppard Town Road
Crozier, VA 23039

Reynolds Community College

1851 Dickinson Road
Goochland, VA 23063

St. Matthew's Methodist Church

1706 St. Matthew's Lane
Richmond, VA 23233

Tucker Park

1300 Maidens Road
Maidens, VA 23102

VA House

3058 River Road West
Goochland, VA 23063

PARKS & FACILITIES

Goochland County offers hundreds of acres of parks/recreation areas, several playgrounds, miles of trails, James River access, tennis courts, numerous high quality athletic fields, historical sites, and plenty of opportunities for self-directed activities. In addition to parks, Goochland County also offers high quality indoor facilities including two full sized gymnasiums, cardio and weight rooms, dance studio, as well as other programmatic areas of interest. Interested in the facilities? Keep reading!

Arts Academy of Goochland (AAG)

2938 River Road West, Goochland, VA 23063

The Arts Academy of Goochland is located adjacent to the Court House Complex on Route 6 in the heart of Goochland. The building consists of 5 classrooms, administrative space and houses the Department's preschool programming.



Central High School Cultural and Educational Center (CHS)

2748 Dogtown Road, Goochland, VA 23063

The Center includes both indoor and outdoor amenities. The 23 acre site includes a walking track, an oversized lighted multi-sport athletic field, and picnic areas. The Center's gymnasium is a full sized hardwood floored gym with working scoreboards, and sound system. The Gymnasium also features a multipurpose activity room adjacent to the lobby. Additional programmatic areas will be available once renovations are completed.



Courthouse Trails (CT)

2938 W River Road, Goochland, VA 23063

Courthouse Trails is a 55 acre parcel of densely wooded and hilly terrain located behind the Goochland County Court House Complex. The two mile trail system will be a soft surface multi-use trail featuring scenic views, natural water features and areas to enjoy the natural environment. The trails may be accessed adjacent to the Goochland County Annex Building in the Courthouse Complex.



Goochland Courthouse Green (GCG) *2938 River Road West, Goochland, VA 23063*

A project currently being spearheaded by the Goochland County Historical Society and supported by Goochland Parks, Recreation & Facilities, includes historical restoration of the old stone jail (c. 1825), interpretive signage, and a visitor's center. The "Green" is widely considered to be the most well maintained and preserved Jeffersonian Court House in Virginia. Once completed, visitors will be able to experience the living history of Goochland County.

The Old Stone Jail (c. 1825) is the first phase of the CHG project. The jail restoration, completed in September 2016, features multiple exhibits that highlight law enforcement and prison life in Goochland County. Exhibits cover multiple eras from 1825 to the 1950's.

Goochland Sports Complex (GSC) *1800 Sandy Hook Road, Goochland, VA 23063*

The Goochland Sports Complex is an 8 acre facility consisting of several athletic amenities. The GSC exterior facilities includes "Weed Whackers Field" a fully irrigated and lighted football and baseball field complete with grass infield. The Complex also includes a lighted softball field, scoreboards, football and baseball press boxes, public address system, concession stand with restrooms and the County's only public skateboard park - "Skate 522". The interior Goochland Sports Complex facilities are home to the Recreation Team's administrative offices as well as dance studio, cardio room, weight room, classroom and comfortable lounge areas. The Complex interior also includes a full sized gymnasium with hardwood floors. The Goochland Sports Complex is home to Goochland Middle School baseball and softball teams, as well as Goochland Youth Athletic Association football, baseball and softball.



Hidden Rock Park (HRP) *1920 Hidden Rock Lane, Maidens, VA 23102*

Hidden Rock Park is a 60 acre facility that serves as the current home to many of Goochland's youth athletic leagues. The northern portion of the facility consists of two youth baseball fields and two full sized baseball/softball fields. All of these fields are lighted. In addition, Hidden Rock has nature trails, two picnic shelters, concession stand with public restrooms, public address systems, asphalt basketball court and volleyball court. The southern end of Hidden Rock Park consists of several youth sized soccer fields. Hidden Rock Park is home to Goochland United Soccer Association as well as to Goochland Youth Athletic Association's baseball and softball programs. Parks and Recreation adult sponsored athletic leagues are held here as well.

PARKS & FACILITIES

Leakes Mill Park (LMP)

3951 River Road West, Goochland, VA 23063

Leakes Mill Park is a 176 acre facility located 4.8 miles west of Goochland Court House. The park features 2 fully irrigated multi-purpose athletic fields, playground, concession stand and multi-use trails. Future development will include additional irrigated multi-purpose field space, picnic shelter and parking. Leakes Mill Park is home to Goochland United Soccer Association and Goochland Middle School Soccer.

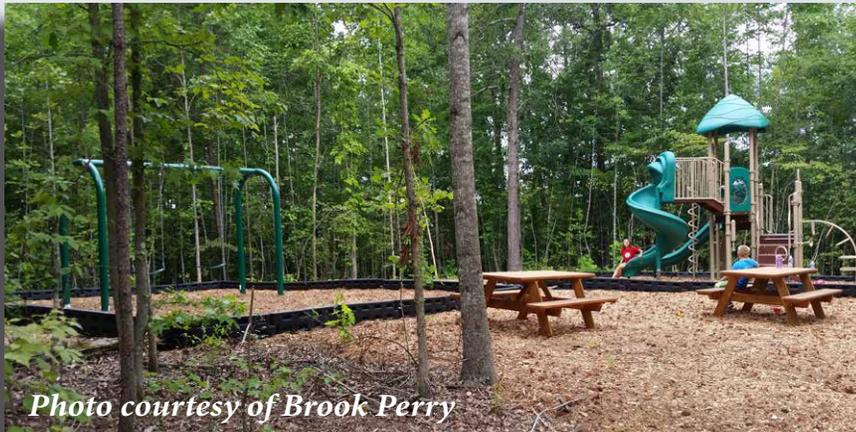


Photo courtesy of Brook Perry

Matthews Park (MP)

5399 Matthews Road, Goochland, VA 23063

Matthews Park, the County's newest park, is a 36 acre community park located in the western end of Goochland County. The park features a playground, swings, and a picnic area. A walking trail that traverses the site is still under construction.



Reynolds Recreation Complex (RRC)

1851 Dickinson Road, Goochland, VA 23063

RRC is a 5 acre facility located on the Reynolds Community College - Goochland Campus maintained and operated by Parks, Recreation & Facilities. The facility includes a partially lit baseball/softball field and three fully lighted tennis courts. Tennis court lights are operational through the use of a coin operated lighting system. Access to a fishing pond and picnic areas are available.

Tucker Park at Maidens Crossing (TP) 1300 Maidens Road, Maidens, VA 23102

Tucker Park at Maidens Crossing is a 36 acre facility located along 1,200 feet of the James River. The park is a joint venture between the Friends of Goochland Parks and the County. The park boasts the newly opened CarMax Cares Outdoor Performance area, capable of hosting outdoor events along the riverfront. A 1-mile walking trail traverses the path and connects visitors to the park's outdoor classroom areas (courtesy of Dominion Resources). The newly opened eastern portion of the park includes a non-motorized boat ramp as well as walking paths and picnic areas.



Elk Island Recreation Area

The County has been working with local private property owners to establish additional James River access in the western end of the County. Stay tuned!



Park & Facility Development Update

Several park improvements and developments are underway for Goochland County.

Court House Green - a project currently being spearheaded by the Goochland County Historical Society and supported by Goochland Parks, Recreation & Facilities, includes historical restoration of the old stone jail (c. 1825), interpretive signage, and a visitor's center. The "Green" is widely considered to be the most well maintained and preserved Jeffersonian Court House in Virginia. Once completed, visitors will be able to experience the living history of Goochland County.

Central High School Cultural and Educational Center - work continues on the restoration of Central High School. In June of 2016, Parks, Recreation and Facilities opened a portion of the building to temporarily house some County offices. The Department will be moving forward with further restoration efforts for the 1938 and 1953 portions of the building. A winter opening is anticipated.

Leakes Mill Park - phase 2 engineering is currently underway for LMP. Trail expansion continues courtesy of volunteers. Construction is expected to begin late Fall 2016.

Tucker Park - engineering work for the 150 space parking lot expansion is underway. Construction of the lot should commence in the Spring of 2017. A small playground is slated for a late summer installation.

Use of school facilities must be approved through the County Public School system.

Byrd Elementary (BES)

The recreational areas of Byrd Elementary School includes multipurpose room, baseball/softball field, (2) playgrounds, hard court games and walking track.

Goochland Elementary (GES)

Adjacent to the Goochland Sports Complex grounds are the exterior recreational grounds of Goochland Elementary School. These grounds include quarter mile walking track, fully lighted multipurpose field, (2) playgrounds, hard court games, fitness stations, and soft surface nature trails.

Randolph Elementary (RES)

Randolph Elementary School's recreational areas include three picnic shelters, two playgrounds, a basketball court, multipurpose room, soft surface nature trails and baseball/softball field.

*Recreational uses during non-school hours only. School facilities may be reserved by contacting each school's main office directly to request a facility use application.

Facility Information

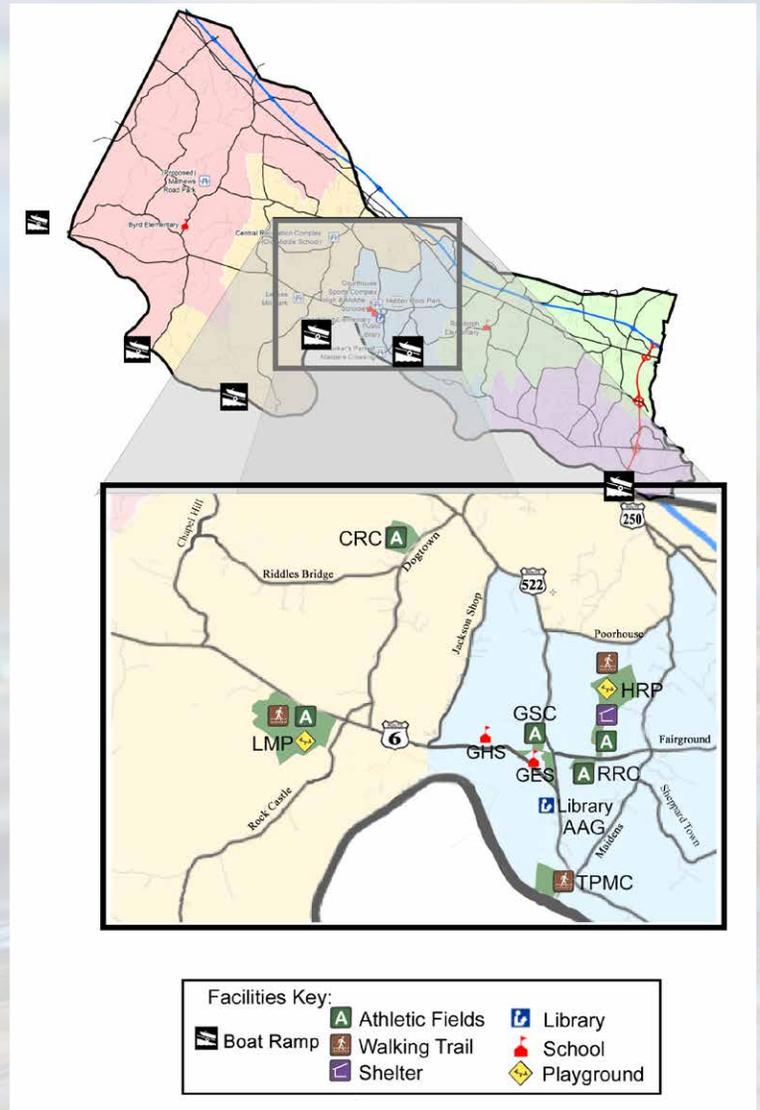
All County exterior grounds are managed by Parks, Recreation and Facilities. Parks and Recreation facilities are open to the public from dawn to dusk. Extended hours are available per facility use policies for lighted activities. All Goochland County Public School facilities are available for use outside of regular school hours. Facility use forms can be found on the Department website under the Applications and Forms section. To reserve a facility, a completed Facility Use form must be submitted with payment a minimum of two weeks prior to the reservation date. For more information on facilities, reservations, or to see if a date is available, please contact the Recreation Team at (804)556-5854.

Rental Information

Facilities are available on a first come first serve basis. Reservation requests can be submitted up to six months prior to the reservation date. Reservations canceled prior to the rental date will be eligible for a full refund.

Equipment includes six foot round tables, six foot rectangle tables, and folding chairs. Tables and chairs are available on a first come, first serve basis. Rented items can be picked up and returned to the Goochland Sports Complex during normal operating business hours. Verification of the number of tables and chairs is required upon pick up and drop off.

For more information, contact the Recreation Team at (804) 556-5854.



James River Public Boat Launches Goochland & Powhatan Sides

Columbia
South of Columbia
on Rt 690

Cartersville
Town of Cartersville
on Rt 45

West View
From Goochland, Rt 6
West (3.5); L on Rt 600
(4.8); R on Rt 643 (1.2)

Powhatan State Park
From Rt. 522 turn right
onto Rt. 617, Park
entrance is on the left

Maidens
Rt. 522 just south of Rt. 6
Tucker Park
Rt. 522 just south of Rt. 6

Watkins
From Bon Air, Rt 147
West (3); R on Rt 711
(6.5); R on Rt 625 (1.2)

ATHLETIC LEAGUES

Youth & Adult Basketball

Goochland Parks, Recreation & Facilities

Contact: Katrina Thompson,
Program Coordinator - Athletics & Wellness
(804) 556-5854 www.goochlandva.us
email: kthompson@goochlandva.us

Youth Baseball, Softball, Football & Cheerleading

**GYAA Goochland Youth
Athletic Association**
Contact: Drew Edwards, President
www.gyaasports.com
email: gyaasports@yahoo.com

Youth Soccer

GUSA Goochland United Soccer Association

Contact: Lisa Handy, President
www.gusasoccer.com
email: president@gusasoccer.com

Adult Softball

Central Virginia ASA

Amateur Softball Association
Contact: Harry Taylor, Western Tri-Cities
Commissioner (804) 928-2757
www.centralvirginiaasa.com
email: pappasmurf65@yahoo.com

Sportable Therapeutic Recreation

Contact: Kristen Lessig, Executive Director
(804) 340-2991 www.sportable.org/contact.cfm
email: klessig@sportable.org

Inclement Weather Policy:

In the event of inclement weather, a decision on field playability will be made by Department staff by 3:30pm, Monday through Friday. Once a field is closed it will not be reopened for any reason.

Weekend field closing decisions are made by appointed youth and adult league representatives. Field closing notifications may be received via text message by utilizing www.rainedout.com.

Sign up today!



**Teaching boys and girls the thrill
of sportsmanship and competition with soccer
programs for boys and girls ages 5-14.**

Spring soccer will be here before you know it. Don't miss out, register now for a fun filled soccer season. Registration fee discounts for early bird and sibling registration. Scholarships are available.

**More information and registration online at: www.gusasoccer.net
Find us on Facebook and Twitter @GoochlandSoccer.**

**Please contact president@gusasoccer.net with questions.
We look forward to seeing you on the pitch this spring.**

ACTIVE GVA

Active GVA is an initiative to get Goochland residents up and active! Whether its rafting the James River, mountain biking the trails at Leakes Mill Park, lifting weights at the Sports Complex, or participating in one of our many open gym sports, Goochland County Parks, Recreation & Facilities has the amenities to keep folks up and moving. There are self-directed activities for folks of all ages and interests.

So what are you waiting for, be Active GVA!

ACTIVE PASS

An Active GVA card is now required to access all open gym activities and facilities (including the gym, cardio room, and weight room). To receive the free card, registrants must be 16 years old or older and have completed a membership registration form. Anyone 16 -17 years old must have parent permission.

The Weight and Cardio rooms are located in the Goochland Sports Complex. The rooms are available for use free to Goochland citizens. The cardio room contains: treadmills, ellipticals, stationary bikes, stair climber, and cable television. The weight room contains: multiple flat, inclined and declined benches, dumbbells, barbells, pin selectorized equipment, and cable television.

To gain access to this building anyone under the age of 16 must be accompanied by an ACTIVE GVA card holder. The ACTIVE GVA card holder must sign them in as a guest (one guest per card holder) and stay with the guest for the duration of the visit.



L.L.Bean
OUTDOOR DISCOVERY
SCHOOLS

*A partnership between Goochland County
Parks, Recreation & Facilities and its
Corporate partner, L.L.Bean*

ALL COURSES LEAD TO ADVENTURE

Whether you're looking to sharpen your skills or want to explore a new sport, we have a course, trip or tour that's right for you—**starting at \$25**



Weekends at Tucker Park from May to October

VISIT [LLBEAN.COM/SHORTPUMP](https://www.llbean.com/shortpump)

for a complete list of activities and to sign up

SPECIAL EVENTS

Pickleball Tournament

Saturday, April 8th 9am - 5pm Central High School Complex

Come join us on the courts for Goochland Parks, Recreation & Facilities Pickleball Tournament!

There will be an open-doubles and senior-doubles division. Players are guaranteed 3 games.

Drinks and snacks will be provided. Tournament format subject to change due to registration.

Mark your calendar! Register early...space is limited! Deadline is March 31st, 2017!

\$15 per person. Contact the Recreation Team at 804.556.5884 for more information.

Calling All Vendors!

Yard Sale Saturday, April 8th 8am - 1pm Central High School Complex

Vendor Fair Saturday, May 6th 8am - 1pm Fairgrounds Property

Vendor spaces are available on a first come first serve basis. Spaces are outdoors and are 12X12. Sellers must provide tables and chairs. Registration fee is \$10 for Yard Sale and varies depending on specialty for Vendor Fair. Set up is between 6 - 8am. Vendors will be required to be onsite no later than 7am to set up. Each will run from 8am to 1pm, with clean up between 1 - 3pm. For more information, please contact Jessica Kronberg at 804.556.5854.

SUMMER CAMP REXPO!

Schedule release and sneak peek at Parks, Recreation & Facilities

RECZone, Sports & Specialty Series Summer Camps!

Whether it's the scenic banks of the James River at Tucker Park, the lush Bermuda fields, or gymnasium at the Sports Complex, Parks, Recreation & Facilities offers a safe and high quality environment for your child to learn and grow during the summer months. For more information on Camp Schedule, Registration & Parent Packets or Seasonal program staff positions available contact the Recreation Team at 804.556.5854. Watch for details and updates on the County website or Department Facebook!

OPEN GYM

Basketball

Play basketball with your friends! Sundays there is open gym for youth and adults at the Goochland Sports Complex. Don't forget to sign in at the front desk using your ACTIVE PASS.
The weight room and cardio room will be open as well.

Sundays

Youth Basketball 2-3pm (16 & Under) Adult Basketball 3-5pm (17+)

Watch County website and Department Facebook for updates and schedule changes!

Pickleball

Played on a standard badminton court smaller than a tennis court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball similar to a whiffle ball and wood or composite paddles comparable to ping pong paddles but slightly larger. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. Join us Tuesdays & Thursdays at the Central High School gym! Learn this exciting new game that is great for all ages!

Tu & Th January 3 - May 25 9am - Noon Central High School Gym FREE

Volleyball

For ages 16 and up. Come play volleyball at the Goochland Sports Complex Gym on Sundays.

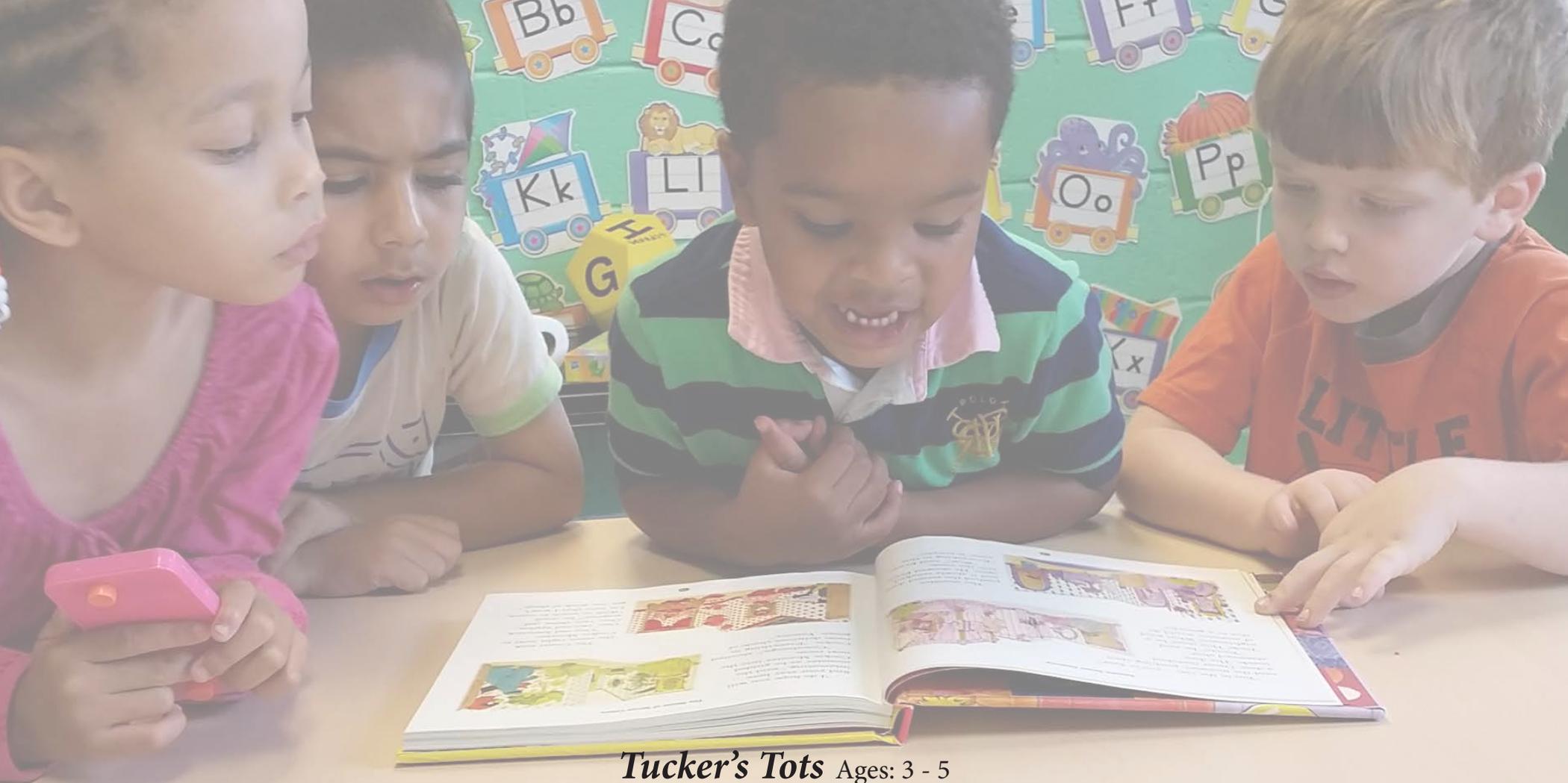
Su September 4 - December 18 5:30pm - 7:30pm Goochland Sports Complex Gym FREE

Table Tennis

Ages: 5 - 18. Come join us to learn the skills and practice the sport of Table Tennis!
The first 30 minutes will include instruction followed by playing/practice time. Learn how to improve topspin forehand or other table tennis techniques. Singles and Doubles play depending on available space.
Recommended Ages are 8-18 years but the whole family can join us. All skill levels are welcome!

7404.190 W January 11 - April 19 1:30pm - 3:30pm Central High School Gym FREE

*Schedule changes will be posted on the County website,
Department Facebook, and at the Goochland Sports Complex gym.*



Tucker's Tots Ages: 3 - 5

All of our class curriculum addresses beginning intellectual, social, emotional and physical development. This is done by teaching basic academic concepts- letters, sounds, reasoning, sequencing, classifying numbers & counting. Demonstrating responsible emotional behaviors, developing physical skills & coordination. Learning social skills and character education working with weekly themes and discovery play. All children must be toilet trained, ages are 3 to 4 years 11 months. The Arts Academy is located at 2938 River Road West, adjacent to the Courthouse Complex.



5101.170 M W F January 2 - January 30 9:05am - 12:00pm Arts Academy Building \$150

5101.171 M W F February 1 - February 27 9:05am - 12:00pm Arts Academy Building \$150

5101.257 M W F March 1 - March 31 9:05am - 12:00pm Arts Academy Building \$150

5101.258 M W F April 3 - May 5 9:05am - 12:00pm Arts Academy Building \$150

Instructor: Tara Cahoon

Tucker's Academy

- PRESCHOOL PROGRAMMING -

Tucker's Academy

- YOUTH PROGRAMMING -

Tucker's Time Ages: 5 and under

Join us in the dance studio for two hours of bouncy fun! Climb on the mats, play with the balls, or jump around in the bounce house!

Tucker's Time is for parents and toddlers to socialize and enjoy play time together in a safe environment. Come join in any time and bring your friends!

7404.146 Tuesday January 3 - May 30
11:05am - 1pm GSC Dance Studio FREE

Art in the Park Ages: 2 - 6

Introducing art in the park! Let nature be our inspiration as we collect twigs, flowers, leaves and other things for art. Let's use our imagination to create imitations of nature. Moved inside for the colder months! Watch Department Facebook for schedule updates!

Ages: 2 - 3

7104.145 Saturday January 7 - May 27
10am - 10:30am GSC Classroom FREE

Ages: 4 - 6

7104.144 Saturday January 7 - May 27
10:45am - 11:30am GSC Classroom FREE

Little Hands

with Big Plans Ages: 3 - 6

Enjoy an afternoon of craft making specific to the Holiday per season. Little hands will be hard at work creating paper crafts and edible creations for their special Valentine! One adult must be present for activity. Pre-registration is required.

5104.190 Saturday February 11 One Time Program
1pm-2:30pm GSC Classroom \$10

Little Shakers

and Noise Makers Ages: 2 - 5

Come join us for this fun-filled dance party and be ready to shake, rattle and roll! We will create noise makers and then test them out while showing off our favorite dance moves. Class will take place in the Goochland Sports Complex Dance Studio under the fun color changing rope lights. One adult must be present for activity. Pre-registration is required.

5104.202 Saturday March 25 One Time Program
1pm-2:30pm GSC Dance Studio \$10



Little Hikers

and Smore Makers Ages: 4 - 8

Explore the trails at Tucker Park at dusk. We will observe bugs in their natural habitat, make crafts, and roast marshmallows over a fire! One adult must be present for activity. Pre-registration is required.

5104.289 Saturday April 8 One Time Program
7pm-8:30pm Tucker Park \$10



What is a RecZone program?

RECZone programs give children the opportunity to continue their fun and learning even after school is over! These programs take place once a week at your child's school shortly after the bell rings. Program instructors will be eagerly waiting your child's dismissal- ready to teach them a new skill or help them enjoy their favorite hobby. Turn the page for programs offered at Byrd, Goochland and Randolph Elementary Schools for this Winter Spring 2017 season.

RECZone - BYRD

- YOUTH PROGRAMMING -

Activity Club Ages: 5 - 12

Come join our Activity Club for 3 weeks of evening fun! This program offers your child the opportunity to try new things. Each day we will enjoy snack time, one hour of activity time and then get started on our homework. This is a drop-in program so your child can come as often as they would like! Pre-registration is required. Below is our schedule of activities:

Monday - Jump Rope and Hula Hooping
Tuesday - Art
Wednesday - Board Games and Trivia
Thursday - Variety Sports

5104.132 M Tu W Th February 27 - March 16
 3:30pm - 5:30pm BES \$30

Introduction to Gymnastics Ages: 5 - 8

Kids will have fun learning new and exciting gymnastics skills and gymnastics terminology. They will get to experience how to safely tumble, leap and swing while learning to focus on coordination, balance, strength, and body awareness.

5101.191 M January 23 - February 13 4 Week Session
 3:30pm - 4:30pm BES \$44
 Instructor: Miss Michelle

Swing Away Golf Ages: 5 - 12

Children in grades K-5 get to learn the awesome game of golf. They will be putting, chipping, and swinging away while playing games and having fun with a sport they can play for life.

1104.110 Tu January 24 - February 21 5 Week Session
 3:30pm - 4:30pm BES \$55
 Instructor: David Neal



On Target Archery Ages: 6 - 12

Come and learn the age-old skill of archery. All experience levels welcome. Learn about safety rules and equipment used in archery, instructed through proper shooting techniques while having lots of time to practice their newly learned skills on the range. Students receive bow and arrows plus safety gear to take home after the final class. Bring your passion for traditional archery and we provide the rest.

1101.131 Tu February 7 - February 21 3 Week Session
 3:30pm - 4:30pm BES \$60

1101.231 Tu April 18 - May 2 3 Week Session
 3:30pm - 4:30pm BES \$60
 Instructor: Tyler Phaup

SERVING BYRD & GOOCHLAND

Zumbology 101 for Kids Ages: 5 - 12

Perfect for our younger Zumba fans! Kids 5-12 years old get the chance to be active and jam out to their favorite music. This class features kid-friendly routines that will get them up and moving! We will warm up and stretch for 15 minutes, dance, dance, DANCE for 30 minutes and then cool down and stretch again for 15 minutes. These classes will help develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun.

Transportation available for students from Byrd and Goochland Elementary Schools.

Students must be picked up from Goochland Sports Complex. Questions? Call 804.556.5854 for more information!

5104.120 W January 25 - February 22 5 Week Session
 3:30pm - 4:30pm GES & BES \$55

5104.374 W April 5 - May 10 5 Week Session
 3:30pm - 4:30pm GES & BES \$55
 No Class April 12th
 Instructor: Boss Lady J

RECZone - GOOCHLAND - YOUTH PROGRAMMING -



Youth Horseback Riding Program Ages: 6 - 18

Students will learn to groom, tack, and ride. Jumping lessons available for more advanced students.

Choose between horseback riding and equestrian vaulting. Transportation available for students at Goochland and Randolph Elementary. Students must be picked up from Swift Creek School of Equitation.

5104.199 W January 4 - February 1 5 Week Session 3:30pm - 5:30pm Swift Creek School of Equitation \$175

5104.108 W February 8 - March 8 5 Week Session 3:30pm - 5:30pm Swift Creek School of Equitation \$175

5104.264 W March 15 - April 19 5 Week Session 3:30pm - 5:30pm Swift Creek School of Equitation \$175 No Class April 12th

5104.265 W April 26 - May 24 5 Week Session 3:30pm - 5:30pm Swift Creek School of Equitation \$175

Instructor: Swift Creek School of Equitation

Beginning to Intermediate Drawing

Ages: 5 - 12

Artists will learn skills and techniques to draw with confidence and success. Youth will study perspective, value, pattern, composition and more. Drawing not only provides the basis for other creative activities like painting and sculpture, but it also provides a direct link to reading, writing and mathematics.

5104.157 Tu January 31 - February 28 5 Week Session

3:15pm - 4:30pm GES \$65

Instructor: Young Rembrandts

Cartoon Drawing Classes Ages: 5 - 12

Use bold & beautiful colors to draw imaginative one-of-a-kind cartoons with success! Learn quick and easy techniques to cartoon something new and different each week. Fun, laughter and learning guaranteed!

5104.255 Tu April 18 - May 16 5 Week Session

3:15pm - 4:30pm GES \$65

Instructors: Young Rembrandts

Introduction to Gymnastics Ages: 5 - 8

Kids will have fun learning new and exciting gymnastics skills and gymnastics terminology. They will get to experience how to safely tumble, leap and swing while learning to focus on coordination, balance, strength, and body awareness.

5101.192 M February 27 - March 20 4 Week Session

3:30pm - 4:30pm GES \$44

Instructor: Miss Michelle

Swing Away Golf Ages: 5 - 12

Children in grades K-5 get to learn the awesome game of golf. They will be putting, chipping, and swinging away while playing games and having fun with a sport they can play for life.

1104.112 Tu February 28 - March 28 5 Week Session

3:30pm - 4:30pm GES \$55

Instructor: David Neal



Chess Class Ages: 7 - 12

Both beginners and intermediate players learn to play chess through instruction and supervised play. Chess improves math, reading and problem solving skills while having fun!

5104.299 M March 13 - May 1 6 Week Session

3:30pm - 4:30pm GES \$69

No Class April 10th or April 17th

Instructor: Championship Chess

QuickStart Tennis Ages: 5-11

The size of the courts, the equipment, and even the net height have been decreased to make learning easier for children. These changes will ensure the success of all participants, even if they have never picked up a racquet before.

5104.291 M April 24 - May 15 4 Week Session

3:30pm - 4:30pm GES \$50

Instructor: Lynne Siewers

RECZone - RANDOLPH - YOUTH PROGRAMMING -

Youth Horseback Riding Program Ages: 6 - 18

Students will learn to groom, tack, and ride. Jumping lessons available for more advanced students.

Choose between horseback riding and equestrian vaulting. Transportation available for students at Goochland and Randolph Elementary. Students must be picked up from Swift Creek School of Equitation.

5104.199 W January 4 - February 1 5 Week Session 3:30pm - 5:30pm Swift Creek School of Equitation \$175

5104.108 W February 8 - March 8 5 Week Session 3:30pm - 5:30pm Swift Creek School of Equitation \$175

5104.264 W March 15 - April 19 5 Week Session 3:30pm - 5:30pm Swift Creek School of Equitation \$175 No Class April 12th

5104.265 W April 26 - May 24 5 Week Session 3:30pm - 5:30pm Swift Creek School of Equitation \$175

Instructor: Swift Creek School of Equitation

Chess Class Ages: 7 - 12

Both beginners and intermediate players learn to play chess through instruction and supervised play. Chess improves math, reading and problem solving skills while having fun! No class Monday Feb 20th

5104.188 M January 23 - March 6 6 Week Session

3:30pm - 4:30pm RES \$69

Instructor: Championship Chess

On Target Archery Ages: 6 - 12

All experience levels welcome. Learn about safety rules and equipment used in archery, instructed through proper shooting techniques while having lots of time to practice their newly learned skills on the range. Students receive bow and arrows plus safety gear to take home after the final class. Bring your passion for traditional archery and we provide the rest.

1101.130 Th February 2 - February 16 3 Week Session
3:30pm - 4:30pm RES \$60

1101.230 Th April 6 - April 27 3 Week Session
3:30pm - 4:30pm RES \$60 No Class April 13th
Instructor: Tyler Phaup

Zumbology 101 for Kids Ages: 5 - 12

This class features kid-friendly routines that will get them up and moving! We will warm up and stretch for 15 minutes, dance, dance, DANCE for 30 minutes and then cool down and stretch again for 15 minutes. These classes will help develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun.

5104.288 W March 1 - March 29 5 Week Session
3:30pm - 4:30pm RES \$55
Instructor: Boss Lady J

Beginning to Intermediate Drawing

Ages: 5 - 12

Artists will learn skills and techniques to draw with confidence and success. Youth will study perspective, value, pattern, composition and more. Drawing not only provides the basis for other creative activities like painting and sculpture, but it also provides a direct link to reading, writing and mathematics.

5104.158 Th February 2 - March 2 5 Week Session
3:15pm - 4:30pm RES \$65
Instructor: Young Rembrandts

Cartoon Drawing Classes Ages: 5 - 12

Use bold & beautiful colors to draw imaginative one-of-a-kind cartoons with success! Learn quick and easy techniques to cartoon something new and different each week. Fun, laughter and learning guaranteed!

5104.256 Th April 20 - May 18 5 Week Session
3:15pm - 4:30pm RES \$65
Instructors: Young Rembrandts

Introduction to Gymnastics Ages: 5 - 8

Kids will have fun learning new and exciting gymnastics skills and gymnastics terminology. They will get to experience how to safely tumble, leap and swing while learning to focus on coordination, balance, strength, and body awareness.

5101.293 M March 27 - May 1 4 Week Session
3:30pm - 4:30pm RES \$44
No class April 10th and April 17th
Instructor: Miss Michelle

Swing Away Golf Ages: 5 - 12

Children in grades K-5 get to learn the awesome game of golf. They will be putting, chipping, and swinging away while playing games and having fun with a sport they can play for life.

1104.250 Tu April 4 - May 9 5 Week Session
3:30pm - 4:30pm RES \$55 No Class April 11th
Instructor: David Neal

QuickStart Tennis Ages: 5-11

The size of the courts, the equipment, and even the net height have been decreased to make learning easier for children. These changes will ensure the success of all participants, even if they have never picked up a racquet before.

5104.290 Tu April 25 - May 16 4 Week Session 3:30pm - 4:30pm RES \$50
Instructor: Lynne Siewers



GMS GHS

Golf Club Ages: 12 - 15

Learn the basics of golf - putting, chipping, driving. Have fun doing drills, playing games, and competing in contests. Golf - the sport for life! All equipment is provided.

1101.234 W March 1 - March 29 5 Week Session
3:30pm - 4:30pm GMS \$55
Instructor: David Neal

Kids Tennis Ages: 11-18

Students ages 11-18 will learn and review the fundamental of strokes: forehand, backhand, volley, serve and rules of the game. Students will be challenged with drills while having fun with a sport they can play for life. Transportation available for students at Goochland Middle/High School. Students must be picked up from Reynolds Recreation Complex tennis courts.

5104.298 Th April 27 - May 18 4 Week Program
3:45pm - 4:45pm Reynolds Recreation Complex \$40
Instructor: Lynne Siewers

Introduction to Beading

Ages: 12 and up

Learn the basics of beaded jewelry construction, bead size & types, different stringing materials & stringing techniques, types of clasps & how to choose the right one while making a necklace and earrings.

5101.178 W January 25 One Time Program
3:30pm - 5:30pm GMS & GHS \$20
Instructor: LLC Bead Kits

School Spirit Beading Class

Ages: 12 and up

Max out your school spirit this year by completing your tailgating outfit with jewelry you can be proud of in your favorite schools colors. Choose from Goochland, Louisa, VCU, UVA, VT, Duke, Tennessee or JMU. If your teams colors aren't listed, identify at registration and we will customize for you.

5104.266 W April 19 One Time Program
3:30pm - 5:30pm GMS & GHS \$20
Instructor: LLC Bead Kits

Beginning Ballet Ages: 3 - 5

If your child is twirling, jumping and dancing around he/she will love this class! We play dance games while learning proper terms, technique and hearing music cues! Option to participate in June 17th recital.

5101.144 Th January 12 - March 30 First Quarter
4:45pm - 5:30pm GSC Dance Studio \$108

5101.246 Th April 6 - June 15 Second Quarter
4:45pm - 5:30pm GSC Dance Studio \$108
Instructor: Cindy Mills

Intermediate Ballet

& Intro to Jazz & Hip Hop Ages: 5 - 10

This class is designed to learn and create choreography. We work on dance technique and "team discipline" barre work, balance and grace! Hip Hop with tricks and splits! Option to participate in June 17th recital.

5102.154 Th January 12 - March 30 First Quarter
5:30pm - 6:15pm GSC Dance Studio \$120

5102.256 Th April 6 - June 15 Second Quarter
5:30pm - 6:15pm GSC Dance Studio \$120
Instructor: Cindy Mills

Baton Twirling Ages: 5 - 18

Learn the skills of baton twirling and benefit from physical fitness, exercise, fun and making new friends. This recreational and competitive baton twirling class is for beginners through advanced skill levels. Classes are divided by ages and skill levels. We can specialize training for parades, high school majorettes or competitive solos. Batons can be purchased for \$27 from the program instructor.

5104.285 Tu March 21 - April 18 4 Weeks Session
6pm - 7pm GSC Gym \$45

5104.286 Tu April 25 - May 16 4 Week Session
6pm - 7pm GSC Gym \$45
Instructor: Jean Campbell

Baseball/Softball Lessons Ages: 6 - 18
 Goochland Parks & Recreation is pleased to offer individual softball and baseball lessons taught by former college baseball players, and local GYAA baseball coaches, Chris Williams (JMU) and Tim Williams (VMI), with prize1924. Lessons are focused on building the essential skills for softball or baseball progression. Tailored around the skill level and experience of the player, sessions include skill-specific drills, conditioning, softball/baseball application and some softball/baseball history, all designed to reinforce and enhance player development. Schedule will be made by the parent and Chris Williams once child is registered.

1104.108 Su Tu Th F Sa January 3 - May 30
 Central High School Complex gym
 5 Hour Sessions \$185

1104.106 Su Tu Th F Sa January 3 - May 30
 Central High School Complex gym
 Hour Session \$40

1104.109 Su Tu Th F Sa January 3 - May 30
 Central High School Complex gym
 5 Half Hour Sessions \$110

1104.107 Su Tu Th F Sa January 3 - May 30
 Central High School Complex gym
 Half Hour Session \$25
 Instructor: Chris Williams



Karate Ages: 7 and up
 Students will learn techniques including kicking, punching, blocking, sparring and partner work. Emphasis is on philosophy and discipline of the martial arts to increase student's self-confidence and physical condition. This challenging program is for ages 7 through adults and will help participants lead a healthier life. (\$25 one-time Karate association fee taken at door for first time students.)

7404.110 M January 2 - March 27 First Quarter
 6:30pm - 8pm RES \$70

7404.112 M & Th January 2 - March 30 First Quarter
 6:30pm - 8pm RES \$100

7404.111 Th January 5 - March 30 First Quarter
 6:30pm - 8pm RES \$70

7404.220 M April 3 - June 26 Second Quarter
 6:30pm - 8pm GSC Gym \$70

7404.221 M & Th April 3 - June 29 Second Quarter
 6:30pm - 8pm GSC Gym \$100

7404.222 Th April 6 - June 29 Second Quarter
 6:30pm - 8pm GSC Gym \$70
 Instructor: Mark Wilds

Kickboxing Ages: 8-18

Kickboxing is the perfect type of activity for those looking for a truly fun and physical challenge. This kickboxing class is a great way to improve focus, increase mental toughness, and heighten confidence through effective combative, self-defense training. Classes are geared towards testing your limits and setting new goals every day. A \$5 materials fee will be collected at the first class. The class will be separated based on age and skill set.

1104.111 F January 20 - February 10 4 weeks 6:30 - 7:30 GSC Gym

1104.119 F February 17 - March 10 4 weeks 6:30 - 7:30 GSC Gym

1104.299 F March 17 - April 7 4 weeks 6:30-7:30 GSC Gym

1104.388 F April 21 - May 12 4 weeks 6:30-7:30 GSC Gym

Instructor: Bang Bang Kickboxing

Free class! Friday January 13th 6:30-7:30pm GSC Gym Registration is required!

Zumbology 101 Ages: 12 and up
 For older Zumba fans! Participants 12 years and up jam out to their favorite music while toning muscles and challenging endurance and agility abilities. This class features hot songs and routines that will get everyone excited to MOVE!!! We will warm up and stretch for 15 minutes, DANCE for 30 minutes, then cool down and stretch again for 15 minutes. Classes will help develop a healthy lifestyle and incorporate fitness in a weekly routine by making fitness fun for each participant.

4204.171 W January 11 - February 15 6 Week Session
 6pm - 7pm GSC Dance Studio \$65

4204.172 W February 22 - March 29 6 Week Session
 6pm - 7pm GSC Dance Studio \$65

4204.273 W April 5 - May 10 6 Week Session
 6pm - 7pm GSC Dance Studio \$65
 Instructor: Boss Lady J

Zumba Ages: 14 and up

Cardio fitness party classes that are fun, energetic and will make you feel amazing! Perfect for everybody and every-body. Classes are designed for ALL fitness levels. Come join the party and let the music move you! Free child care available for children ages 3 and up.

4404.160 Su January 15 - February 19 6 Week Session
 3pm - 4pm GSC Dance Studio \$66

4404.161 Su February 26 - April 2 6 Week Session
 3pm - 4pm GSC Dance Studio \$66

4404.262 Su April 9 - May 14 6 Week Session
 3pm - 4pm GSC Dance Studio \$66

Instructors: Shakinah Da Costa-Bobb
 & La Verne Burrus-Johnson

Yoga for Beginners Ages: 18 and up
 Students learn the fundamentals of yoga, including traditional warm ups, yoga poses, optional poses and breath, and body and mind awareness. Concise description of how to come into poses as well as modifications for all levels are provided. Class is suitable for all fitness levels. Free child care available for children ages 3 and up.

4201.139 Tu January 10 - February 14 6 Week Session
 6:30pm - 7:30pm GSC Dance Studio \$65

4201.14 Tu February 21 - March 28 6 Week Session
 6:30pm - 7:30pm GSC Dance Studio \$65

4201.241 Tu April 4 - May 9 6 Week Session
 6:30pm - 7:30pm GSC Dance Studio \$65
 Instructor: Heart Of Yoga

Yoga - Mixed Level Ages: 18 and up
 Class is geared for advanced yoga participants who would like to explore advanced asana, poses, and different variations of standard poses. The emphasis is on deepening one's practice while respecting one's limits. Class is suitable for individuals with prior yoga experience, and those who feel ready to move into advanced poses. Free child care available for children ages 3 and up.

4203.149 M January 9 - February 27 6 Week Session
 5:30pm - 6:30pm GSC Dance Studio \$65
 No classes Monday January 16 or February 20

4203.25 M March 6 - April 10 6 Week Session
 5:30pm - 6:30pm GSC Dance Studio \$65

4203.251 M April 17 - May 22 6 Week Session
 5:30pm - 6:30pm GSC Dance Studio \$65
 Instructor: Heart Of Yoga



FREE child care available for the following programs:
 Zumba, Zumbology 101, Yoga and Core Exercise for Adults. Registration is required one week prior to the start of class. Register early space is limited!

Core Exercise for Beginning Adults

Ages: 17 and up
 Just show up for FUN! Music will inspire you to move! Whether you choose to sit, stand, or lean, this 45 minute class will get you stronger, flexible and feeling great!

4201.170 Th January 12 - February 16 6 Week Session
 6:30pm - 7:15pm GSC Dance Studio \$60

4201.171 Th February 23 - March 30 6 Week Session
 6:30pm - 7:15pm GSC Dance Studio \$60

4201.272 Th April 6 - May 11 6 Week Session
 6:30pm - 7:15pm GSC Dance Studio \$60
 Instructor: Cindy Mills

Pickleball

Ages: 50 and up
 Played on a standard badminton court smaller than a tennis court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball similar to a whiffle ball and wood or composite paddles comparable to ping pong paddles but slightly larger. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. JOIN US Tuesdays & Thursdays at the Central High school GYM from 9am until 12pm! Learn this exciting new game that is great for ALL ages!

3306.146 Tu & Th January 3 - May 25
 9am - 12pm Central High School Gym FREE

Pickleball Tournament

Ages: 50 and up
 Come join us on the courts for the Goochland Parks, Recreation & Facilities Pickleball Tournament! There will be an open-doubles and senior-doubles division. Players are guaranteed 3 games. Tournament format subject to change due to number of participants. Drinks and snacks will be provided. Mark your calendar and make sure to register early! Limited space is available. REGISTRATION IS REQUIRED by March 31st, 2017! Contact the Recreation Team at 804.556.5884 for more information.

6404.204 Saturday April 8 One time program
 9am - 5pm CHS Complex Gym \$15

Watch facebook for information about FREE trails of your favorite fitness classes!

Artisan Bread Baking Basics

Ages: 14 and up

Bread is a basic staple in most American's lives. Come join us to learn our techniques for artisan bread baking. We will use a dutch oven, pizza stone and baking pans to create tasty loaf after tasty loaf in just minutes. Additionally, each person will receive a 6 qt. bread making vessel and two bread making kits (flour, salt, yeast and some sourdough culture) to take home.

4201.153 Tu January 24 One Time Program
6:30pm - 8:30pm Virginia House \$37
Instructor: Hobby Hill Farm

Cinn-sational Cinnamon Buns

Ages: 14 and up

Sunday mornings couldn't start off better than when you are serving a fresh batch of hot & gooey cinnamon buns. We will show you how to make these cinn-sational buns ahead of time, so you can spend more time with the family, instead of in the kitchen. Bring a box to take home products that you make in class.

4201.255 Tu March 21 One Time Program
6:30pm - 8:30pm Virginia House \$32
Instructor: Hobby Hill Farm



Let's Make Cheese - Mozzarella & Ricotta

Ages: 14 and up

Let's make cheese! Did you know that mozzarella and ricotta cheeses can be made in 30 minutes or less? In this class we will use a gallon of whole milk, some citric acid, and rennet to make mozzarella and ricotta. Please bring an apron and a Tupperware bowl to take home your freshly made cheese!

4201.154 W February 22 One Time Program
6:30pm - 8:30pm Virginia House \$25
Instructor: Hobby Hill Farm

For more information contact:
Jessica Kronberg
Program Coordinator - Community Recreation
jkronberg@goochlandva.us
Katrina Thompson
Program Coordinator - Athletics & Wellness
kthompson@goochlandva.us
(804) 556-5854



Sauerkraut - Beginner Fermentation Techniques

Ages: 14 and up

Do you love Sauerkraut? How awesome would it be to make your own pro-biotic rich ferments in your own home? Hobby Hill Farm Fresh guides you through the beginner fermentation basics. Want to spice up your kraut? How about a carrot cake kraut? We will have plenty of time in the class to show you how to prepare variations of your favorite kraut. We will be making Sauerkraut and you will receive a supply kit to get you started. Sauerkraut is one of the best probiotic foods to help heal your stomach. Supply kit includes: quart jar, air lock and a glass weight.

4201.256 W April 12 One Time Program
6:30pm - 8:30pm Virginia House \$37
Instructor: Hobby Hill Farm

Program Scholarships Available

Parks, Recreation & Facilities offers need based scholarships and financial assistance for individuals and families to participate in Department sponsored programming upon request. Qualified registrants will receive \$100 per season. Proof of hardship includes enrollment in free or discounted lunch program through school system or aid received from Social Services and should be submitted at time of registration. Scholarships may take up to two weeks to be processed and approved. Contact the Recreation Division at (804) 556-5854 for more information.

How Health Foods Might Be Poisoning You

Ages: 14 and up
This two-part nutrition class will teach you how health foods might be poisoning you and what you can do about it.

Part I: How Health Foods may ruin your health and happiness

Come hear a surprising and unexpected nutrition story– that popular solutions to health problems may be dangerous to our health. Prevailing dietary wisdom from every camp (vegan to paleo) promotes high-oxalate foods as healthy despite the well-documented role oxalates play in kidney disease, in pain and inflammatory syndromes. By changing what you eat, you can reverse pain, prevent kidney stones, improve your digestion, and much more. Come learn why the low-oxalate diet has helped so many people finally feel good.

4404.179 Th February 16 One Time Program
 6:30pm - 8pm GSC Classroom \$16



Part II:

How to Build a Better Body and Brain on the Low Oxalate Diet

As you will have learned in part one of this series, dietary oxalates can aggravate many health problems. This session presents the steps you can take, and the tools you need to feel better by making the shift to oxalate-aware eating. If you want to optimize your health and age more gracefully, you'll want Sally to guide you to wise food choices, as she does in this session. You'll sample some low-oxalate foods and take home your own copy of Sally's oxalate-aware toolkit, a \$35 value.

4404.180 Th February 23 One Time Program
 6:30pm - 8pm GSC Classroom \$16



Register for Parks, Recreation & Facilities programs in person or by mail (cash or check):

Mail completed Registration form,
 available in office or online, with full payment to:

Parks, Recreation & Facilities
 1800 Sandy Hook Road, P.O. Box 910 Goochland, VA 23063
 please make checks payable to Goochland County

To register using the online service (credit card):
 Visit us online at www.goochlandva.us
 and find Parks, Recreation & Facilities.

Find online registration on left type program name in search bar.
 Add program to cart and proceed to check-out .

Please be advised; convenience fee will apply when registering online.

Questions? Call the Recreation Division at 804.556.5854 for assistance.

NRA Home Firearms Safety Course Ages: 21 and up
 Three hour Basic Pistol Course that satisfies Virginia Concealed Carry Weapons Permit Classroom Instruction. No personal weapons allowed on property.

4204.167 Tu February 7 One Time Program
 6pm - 9pm GSC Classroom \$65

4204.268 Tu April 4 One Time Program
 6pm - 9pm GSC Classroom \$65

4204.369 Tu June 6 One Time Program
 6pm - 9pm GSC Classroom
 Instructor: Jesse Todd

Interested in advertising in "Fun Places & Open Spaces"? Goochland County Parks, Recreation & Facilities offers individuals, companies and organizations opportunities to advertise in its sought after Program Guide. The guide is distributed to over 3,500 Goochland homes three times per year and is available to the community on the County website or Department Facebook page. Inclusion in the guide is easy, but please be aware that there are deadlines for submission, sizes of approved advertisements and advertising rates that apply. Parks, Recreation & Facilities also offers opportunities for Special Event sponsorship. Collectively, Department sponsored Special Events serve over an estimated 20,000 people per year. Visit us online for rates, deadlines and packages available or contact the Recreation Team at 804.556.5854 if you are interested in advertising in our Program Guide or sponsoring an upcoming special event.

DESTINATION RECREATION

Peyote Stitch Bead Bracelet Ages: 14 and up
Learn the peyote stitch to make the focal bead of this glass pearl bracelet. Multiple colors available.

7404.155 W February 8 One Time Program
6:30pm - 8:30pm GSC Classroom \$20

Super Duo Necklace Ages: 14 and up
Beautifully delicate, easy bead weaving using super duo beads and rochelles.

7404.257 W March 8 One Time Program
6:30pm - 8:30pm GSC Classroom \$20
Instructor: LLC Bead Kits

Bead Weaving- St. Petersburg Necklace
Ages: 14 and up
Make a pretty necklace while learning the St. Petersburg stitch. This necklace is a graceful addition to any neckline, but works especially well with strapless or spaghetti strap dresses. This looks great for weddings or other special occasions. Several color variations to choose from.

7404.156 W February 22 One Time Program
6:30pm - 8:30pm GSC Classroom \$20
Instructor: LLC Bead Kits



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-Michelle Emann



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www.ext.vt.edu



The Goochland County office of Virginia Cooperative Extension is your local connection to Virginia's land-grant universities, Virginia Tech and Virginia State University. Through educational programs based on research and developed with input from local stakeholders, we help the people of Goochland County improve their lives. We provide education through programs in Agriculture and Natural Resources, Family and Consumer Sciences, 4-H Youth Development and Community Viability.

Agriculture and Natural Resources

Agriculture and Natural Resources (ANR) programs help sustain the profitability of agricultural and forestry production and enhance and protect the quality of our land and water resources.

Ag & Natural Resources:	Soil Testing for Pastures	Diagnosis of Plant Problems
Fertilization Recommendations	Pesticide Safety Training	Insect, Disease, Weed
Pond Weed Identification	Educational Programs	Identifications and Control
On Farm Visits	Horticulture Services:	Measures
Forage Testing	Soil Testing	Educational Programs

Family and Consumer Sciences

Virginia Cooperative Extension views the family unit as the cornerstone of a healthy community. Our holistic approach to strengthening Virginia families, including those with limited resources, assists youth and adult participants in developing wellness life skills related to health, diet, nutrition, exercise, family financial management and parenting.

Programs and Services:	Cooking on a Budget	Food Preparation
Family Financial Education	Menu Planning	Senior Nutrition
Nutrition and Health	Home Canning	

Community Viability Engaging with Communities

Virginia Cooperative Extension specializes in community viability work with Extension agents, campus-based faculty, organizational partners, communities and individuals to further opportunity and build capacity in five program areas:

Civic Leadership and Engagement	Resiliency	Community Planning
Community Enterprise and	Community Food System and Enterprises	Emerging Community Issues

Virginia Cooperative Extension programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, veteran status, or any other basis protected by law. An equal opportunity/affirmative action employer. Issued in furtherance of Cooperative Extension work, Virginia Polytechnic Institute and State University, Virginia State University, and the U.S. Department of Agriculture cooperating. Edwin J. Jones, Director, Virginia Cooperative Extension, Virginia Tech, Blacksburg; M. Ray McKinnie, Interim Administrator, 1890 Extension Program, Virginia State University, Petersburg. Extension is a joint program of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and state and local governments.

Goochland Extension Office

1876 Sandy Hook Rd
P.O. Box 20

Goochland, VA 23063

Hours: Monday - Friday 8:00am to 5:00pm

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Clubs & Organizations

4-H Youth Development is a community of young people across America who are learning leadership, citizenship and life skills. 4-H, the largest comprehensive youth development program in the nation, educates young people, ages 5 to 18, through a variety of experiential techniques that encourage hands-on, active learning. More than 20,000 adults and teens volunteer their time and energy annually to help youth experience 4-H. Our 4-H camping program is one of the largest in the country and provides character-building experiences to participants at our six 4-H educational centers.

4-H Trailblazers Club Ages 5-18

4-H Animal Science Club Ages 5-18

4-H Thunderhooves Ages 9-18

Great Equestrian 4-H Club Ages 9-18

4-H Horse Bowl Team Ages 9-18

4-H Shooting Education Club Ages 9-18

4-H Poultry Judging Team Ages 9-18

4-H Stockman's Team Ages 9-18

4-H Dairy Quiz Bowl Team Ages 9-18

4-H Dairy Judging Team Ages 9-18

Adult Clubs/Organizations

Goochland Leadership Enterprise

Strengthening Your Facilitation Skills

Innovative Leadership:

Building Community Connections

Horticulture Help Line

Soil Testing

Goochland/Powhatan Master Gardener Association

Virginia Master Naturalists

James River Chapter

For information on these clubs and organizations, please contact the Goochland office at (804) 556-5841, or visit us online at www.offices.ext.vt.edu/goochland.

Goochland Leadership Enterprise Ages: 15 and up
The Goochland Leadership Enterprise informs and educates interested citizens about issues facing the County to foster involvement in making Goochland a desirable place to live, work and enjoy. The goal of the GLE is to develop as a group of County citizens who will be motivated to participate in current and future County activities. Program begins in September and concludes with graduation in March. For further information about this program, and for current price, please contact the Goochland Extension Office at (804) 556-5841 or visit the Extension website at www.ext.vt.edu/goochland.

September 2017 - March 2018
7pm to 8:30pm Multiple Locations

Master Gardener Educational Talks Ages: Any
Join the Goochland Powhatan Master Gardeners for their association meetings to hear about different horticultural topics from a range of speakers. For more information visit the Goochland Powhatan Master Gardener website at www.gpmga.org. FREE to attend.

Th February 9 Powhatan Village Bldg Aud 9:30am - 10:30am
Th March 9 Grace Episcopal Church 9:30am - 10:30am
Th April 13 Powhatan Village Bldg Aud 9:30am - 10:30am

Healthy Eating From Your Own Backyard

Come learn and build a Salad table to grow salad greens in your own backyard. Experience the satisfaction of growing your own fresh salad greens from April to November. Best of all you will be gardening at waist height and avoiding the pesky salad loving critters.

Saturday March 4 One Time Program
9am to 1pm Goochland Sports Complex Classroom \$45

Vegetable Gardening Workshop

Come learn what you need to know about raising your own vegetables. The following topics will be discussed: planning your garden, soils and soil amendments, diseases and pests of commonly grown vegetables, minimal pesticide use and more.

Saturday, March 18 One Time Program
9am - 1pm Goochland Library FREE

STEM & Leaf Club

Junior Club: Ages 9-12 Senior Club: Ages 13-18
This special interest club is for youth who love nature & all things STEM (Science, Technology, Engineering, and Math). In this program, youth will be transformed into scientists working to solve real-world environmental problems. Participants will spend time outdoors learning about local environmental issues and exploring Goochland's natural resources. Next, participants will work in teams to design and build technologies to solve environmental problems. Learn how to generate electricity using mud, and much more! Year-long program broken up into 4 sections/projects per year. Call 556-5873 to register. (\$20 meets year-round)

3:30pm to 5:30pm Multiple Locations
Instructor: Sarah Crews

4-H Junior Summer Camp

Mark your calendar and join us July 17-21, 2017 at Jamestown 4-H Educational Center for a week long summer camp. Jamestown offers canoeing, riflery, crafts and much more. More information about summer camp 2017 will be available after the first of the year. Don't miss a minute of the fun!

4-H Photography SPIN Club Ages 9-18

Camera time! In this 4-H photography workshop you will learn to use cameras, lighting, and other photography equipment to get great shots. You'll learn to review and evaluate photos for quality and appearance. You will learn about techniques in editing and developing photographs for display, competition, or personal enjoyment. Participants will have the opportunity to enter photographs into the local and district 4-H photography contests. Program fee \$20. Call 804-556-5873 or email Sarah Crews at sarahc89@vt.edu for dates and times.

Spring Garden Fest

Mark your calendars! The 13th Annual Spring Garden Fest, sponsored by the Goochland-Powhatan Master Gardeners in cooperation with J. Sargeant Reynolds Community College and Virginia Cooperative Extension, will be held rain or shine on Saturday, April 22nd from 8am to 4pm at the Western Campus of Reynolds Community College in Goochland. The Fest will offer classes for home gardeners who are growing or thinking about growing vegetables, fruits, herbs, native plants, ornamental plants and flowers. Topics will cover interesting, easy and effective techniques for successful gardening. Hands-on workshops will present simple projects that will become attractive additions to the landscape. Vendors selling a variety of plants and garden items, horticultural demonstrations and Master Gardeners available to answer your questions will round out the day's activities. Even if not attending scheduled educational sessions, the public is invited to stop by any time during the event to browse, shop and learn.

For more information and to sign-up for classes and workshops, visit the website www.gpmga.org after February 1st.

Second Union (Rosenwald) School

2843 Hadensville-Fife Road, Goochland, VA 23063 www.secondunionrosenwaldschool.org

“Embracing the challenges derived from the struggles of African Americans, the Second Union (Rosenwald) School museum will preserve, promote, and inspire life long learning opportunities for future generations in our community.”



Second Union (Rosenwald) School organization continues the Journey – (Pursuing Purpose)

The challenges in the journey are sometimes difficult and enormous, beauty unseen and joy unfelt. The opportunities and pursuits can be met confidently if we maintain a “We Can Attitude”, respect differences and work together. Major aspects of black history have either been forgotten, unknown or untold. The museum can provide visuals, first hand stories of the past and much more..

Some objectives of the museum are to help

- (1) educate (all) especially our youth in African American History,
- (2) collaborate with the schools in SOL preparation.

If you have not visited the school, call Calvin Hopkins (804-457-3132) to reserve a date and time or visit the web.

Stay tuned for updates as the future of Second Union (Rosenwald) School journey toward it's destination.

www.secondunionrosenwaldschool.org

Goochland County

Historical Society and Museum

See It, Share It, Celebrate It

Historical Center: Wednesday - Friday 10am-3pm Museum: Open By Appointment www.goochlandhistory.org (804) 556-3966

County Marker Program

The Goochland County Marker Program creates markers for the county that would not be accepted by the state marker program. The Historical Society is currently working to erect a marker at Tucker Park with the help of Goochland County Parks, Recreation & Facilities.

Membership

Members receive our annual research journal and three newsletters a year as a part of their membership. We also have three member meetings a year at different Goochland County locations.

Membership Levels: Tuckahoe Creek: \$35; Beaverdam Creek: \$50; Dover Creek: \$100; Byrd Creek: \$250; James River \$500 and up.

Become a member by visiting the historical society at 2875 River Road West, Goochland, VA to fill out a form, or sign up online at goochlandhistory.org.

Goochland County Museum and Gift Shop

2938 River Road West, Goochland, VA 23063

Open by appointment only! Please contact the Goochland County Historical Society at (804) 556-3966 or email goochlandhistory@comcast.net to schedule a visit.

Located on the Courthouse Complex's front lawn, the Old Clerk's Office (c. 1847) was the first official building on the Courthouse Green to house the records of the county. The exterior of the building is largely untouched by alterations but the interior was modified for use as an office and is currently housing the Historical Society's museum collection. Student Internships Available.

County Markers:

Huguenot Settlement, SA-20

Tuckahoe Marker, SA-24

Goochland County Marker, Z-25

Goochland County Marker, Z-27

Dungeness Marker, SA-11

Reuben Ford Marker, V-18

Byrd Presbyterian Church Marker, SA-55

James Pleasants Marker, SA-17

Bolling Island Marker, SA-36

Elk Hill Marker, SA-5

Bolling Hall Marker, SA-35

George's Tavern Crossroads Marker, SA-51

William Webber Marker, SA-22

Goochland County Courthouse Marker, SA-9

First Baptist Church, Manakin Marker, SA-59

Dahlgren's Raid Marker, SA-14

Dahlgren's Cavalry Raid Marker, SA-27

Sabot Hill Marker, SA-18

Goochland Courthouse Marker, SA-10

Second Union School Marker, SA-12

The 1936 Virginia Prison Recordings Marker, SA-70

Marker locations can be found at www.markerhistory.com



GOOCHLAND COUNTY
HISTORICAL SOCIETY

Goochland Branch LIBRARY

Goochland Branch Library, 3075 River Road West, Goochland, VA, 804-556-4774
For more information, please call or visit the library or e-mail ask@pamunkeylibrary.org.

Winter/Spring Storytimes January 9 - May 12

Thursdays

Toddler Storytime 10:00 a.m. (age 2 years w/adult)

Preschool Storytime 10:45 a.m. (ages 3-5 years)

Mother Goose Storytime 11:30 a.m. (ages 6-24 months)

The Library will be closed on Monday, January 2 and Monday, May 29.

Winter/Spring Programs are free and open to the public.

Masters Art Series: Henri Matisse

Saturday, January 7, 10:00 - 11:00 a.m.

Ages 5-10. Make art using colorful cut out shapes, just like French artist, Henri Matisse, known for his bold use of color and form.

Coloring for Adults

Monday, January 16, February 20, and March 20, 3:00 - 4:00 p.m.

Coloring isn't just for kids anymore! Join us for a night of stress-relieving creativity with the trendy coloring for adults.

Refreshments provided by the Friends of the Goochland Library.

Mr. Lemoncello's Library Olympics

Thursday, January 19, 6:00 - 7:30 p.m.

Ages 9-13. It's a Lemoncello puzzle mystery! Join us for a deliciously fun time packed with puzzles, clues, and surprises! Bring your friends! Call or visit the library to sign up.

Snacks provided by the Friends of the Goochland Library.

Masters Art Series: Jackson Pollock

Saturday, February 4, 10:00 - 11:00 a.m.

Ages 5-10. Make art just like the Abstract Expressionist painter, Jackson Pollock, known for making art expressed as "energy and motion made visible."

Marvel Movie Theater!

Friday, February 17, 1:30 - 3:30 p.m.

Ages 13 & up. The action heats up when you see an amazing, spectacular, astonishing MARVEL heroes movie with your friends after school.

Hot beverages, pizza, & popcorn provided by the Friends of the Goochland Library.

Ruffled Scarf Workshop

Saturday, February 25, 11:00 a.m. - 12:00 p.m.

Adults and Teens. Sign up to learn how to make your own ruffled scarf! Bring a crochet hook and we will show you how. Call the Library to sign up, and for more information. Limit: 10

Dr. Seuss's Birthday Party

Saturday, March 4, 10:00 - 11:30 a.m.

Ages 3-8. Celebrate Dr. Seuss's birthday with stories, games, and "Seuss-y" crafts!

Snacks provided by the Friends of the Goochland Library.

Create a Web Comic

Thursday, March 16, 6:00 - 7:30 p.m.

Ages 11 & up. KAPOW! Create your own web comic. Bring a friend! Call or visit the library to sign up. Part of Teen Tech Week.

Pizza provided by the Friends of the Goochland Library.

Art Opening Reception

Monday, March 13, 6:30 - 7:30 p.m.

All ages. See creative artwork by the students of Goochland County Public Schools.

Refreshments provided by the Friends of the Goochland Library.

SHAZAM! Create a Superhero!

Thursday, April 20, 6:00 - 7:30 p.m.

Ages 11 & up. Join us for a super-powered fun time using mixed media and technology to create your very own superhero!

Refreshments provided by the Friends of the Goochland Library.

Call or visit the library to sign up.

Adult Watercolor Workshop

Saturday, April 22 and 29, 10:00 a.m. - 1:00 p.m.

Ages 18 & up. Celeste Johnson will teach you how to paint with watercolor. Call or visit the library to reserve your seat.

Refreshments provided by the Friends of the Goochland Branch Library.

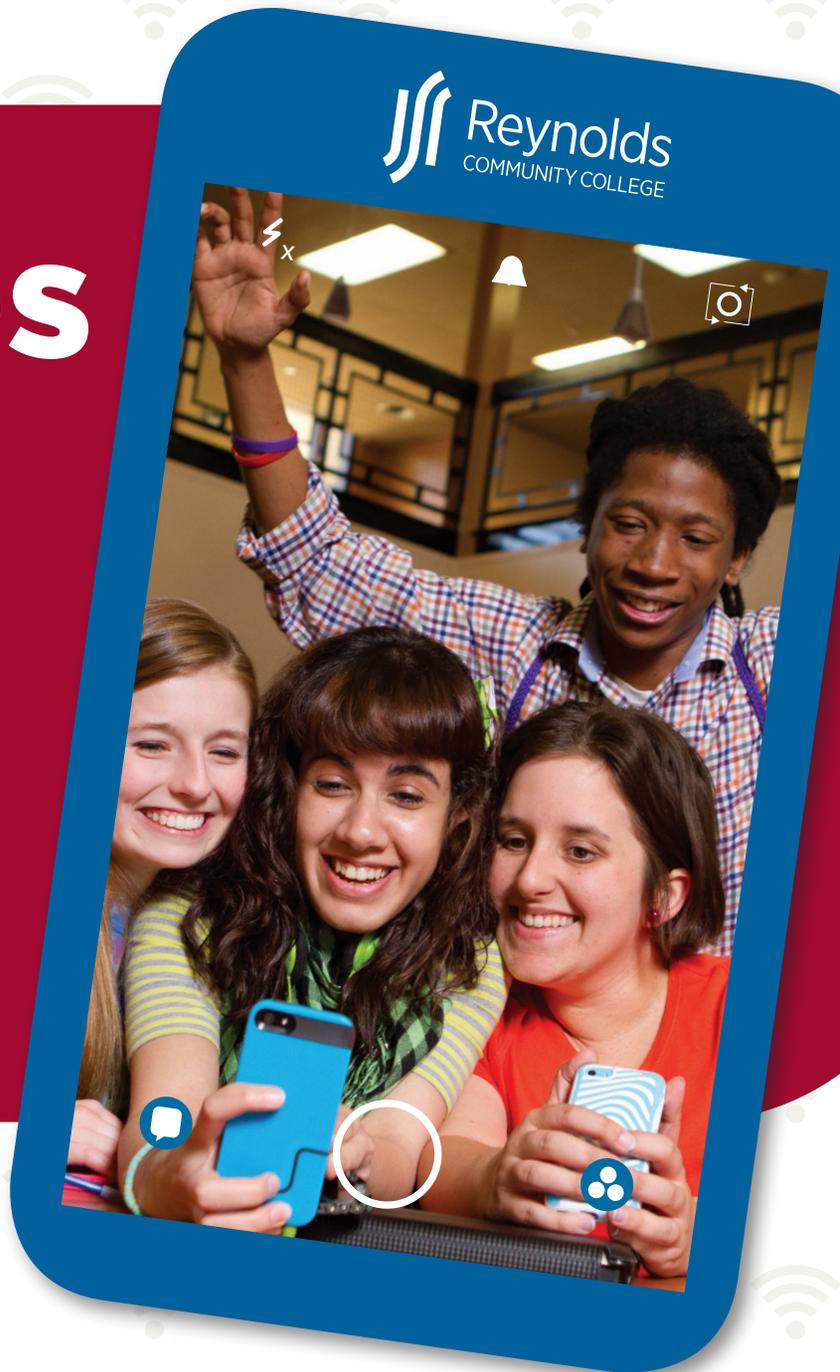
Spring Classes



Open Registration
Begins November 28

Classes Start January 9

Register Today!





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EVERYONE IS WELCOME AT THE Y!

This spring, we want to remind you that the Y is more than meets the eye. Through our classes, personal training, family programming, youth sports and more. We inspire, build, care, strengthen, teach, foster, gather and celebrate the spirit, mind and body. This season, join us to learn how we are so much more than you ever thought possible.

WHY THE Y?

The Y is a service organization that strengthens the community in three areas: Healthy Living, Social Responsibility and Youth Development. The mission of the Y is to put Christian principles into practice through programs that build a healthy Spirit, Mind and Body for all.

To learn more, visit ymcarichmond.org
or call 804.556.9887

GOOCHLAND FAMILY YMCA
1800 Dickinson Road
Goochland, VA 23063

SOCIAL RESPONSIBILITY

VOLUNTEER AT THE Y

Every YMCA across the nation is volunteer founded, volunteer led and volunteer based. Collectively, YMCA's are the largest nonprofit organization in the nation and benefit from the leadership of more than 600,000 volunteers. The Goochland Family YMCA welcomes volunteers in all areas of our branch. Duties range in responsibility from reading to our after-school care students to coaching youth sports to greeting members at our front desk. If you are interested in becoming a volunteer, we can work together to find a placement that fits your availability, personality and interests.

When You Volunteer, You Can:

- Make a difference in YOUR community
- Support a cause YOU believe in
- Put YOUR skills and experience to work
- Learn new skills
- Make new friendships and develop professional contacts
- Build confidence



YOUTH DEVELOPMENT

LICENSED SCHOOL AGE CHILD CARE

Serving all three elementary schools and the middle school, the Y's after-school enrichment programs provide a safe, fun and nurturing environment filled with exciting hands-on activities. The program complements and enhances formal education and provides learning opportunities that build relationships, develop character and inspire discovery to help foster your child's academic success.

After-School Care

Grades: K-5th grade

Time: Closing of school until 6 p.m.

Days: Five -day option (Monday - Friday)
Three-day option (parents select days)

Fees: Member, five-day option - \$84
three-day option - \$60
Non-Member, five day option - \$94
three-day option - \$70 Plus one time annual registration fee of \$25.

Locations: Goochland Elementary School, Byrd Elementary School and Randolph Elementary School.



YOUTH SPORTS

The Y Way To Play

The Y way to play is a commitment for all to learn, grow and have fun through sports. Our goal is to build a community together through our Y sports programs in which everyone has the opportunity for youth development, healthy living, and social responsibility. Sports are a vehicle to so many different opportunities—whether it is sportsmanship and values, coaching and sharing, or socializing and learning teamwork. Sports teach lifelong skills.

Volunteer Coaches Needed

Being a volunteer coach for the YMCA is not just an opportunity to put your athletic experience to work. Coaching at the Y allows you to make a difference in your community and in the lives of local children. Become a mentor by teaching kids the Y way to play!

Spring T-Ball

The Goochland YMCA T-ball program is a skill development league designed to introduce preschoolers to the basics of America's pastime. Emphasis will be on having fun while learning the basics of catching, throwing, running the bases and hitting!

Ages: 3-5 years old

Days: Practices AND games will occur on Monday evenings beginning at 5:30 p.m. At the beginning of the season more time will be spent practicing and as the season progresses, more time will be spent playing the game.

Location: All practices will occur at J. Sergeant Reynolds Baseball field.

Fees: Member - \$60, Non-Member - \$75

In Collaboration with Goochland Youth Athletic Association (GYAA) for the Spring 2016 season.

Ages: 5-6 years old

Days: Practices on Mondays AND games on Saturdays.

Locations: Practices will be at J.Sarge. Game Schedule will be released once all rosters are formed.

Fees: \$75

Contact the Goochland Y for more information on session start dates of T-ball or Soccer.

SOCCER

Winter Soccer

The Goochland YMCA will be offering a Co-ed Winter Indoor Soccer league. Practices and games will take place once a week and will last for 55 minutes. This league will focus on individual foot skills and ball skills.

Ages: 2nd-5th grade

Days: Mondays or Wednesdays

Location: Byrd Elementary School (Monday) and Randolph Elementary School (Wednesday)

Ages: 6th-8th grade

Days: Wednesdays

Location: Randolph Elementary School

Fees: Member - \$65, Non-Member - \$85

Spring Beginner Soccer

Ages: 3 - 5

Days: Saturdays mornings at 10 a.m.

Games: Games will take place at the YMCA Saturday mornings after practice

Fees: Member - \$65, Non-Member - \$80

Spring U6 and U8 Soccer

The Goochland YMCA has partnered with Goochland United Soccer Association (GUSA) to collaborate and organize recreational soccer league games. Kids will progressively learn new skills associated with the beautiful game of soccer while having fun being active and social.

Ages: U6 - children born in 2011

U8 - children born in 2009 and 2010

Days: Wednesdays after school at 4:30 p.m. (U6 and U8)

Games: Games will take place at Hidden Rock Park Saturday mornings

Fees: \$75

REGISTRATION for 2017 Summer Camps begins February 1, 2017! We are gearing up for another fun-filled summer at the GOOCHLAND FAMILY YMCA. The Goochland Y offers the greatest summer camp for children who are rising K-8th graders. Additionally, we offer a wide variety of specialty camps for all ages. The Y has something for everyone!



HEALTHY LIVING

WELLNESS SERVICES

Y FIT Sessions

- Personal Orientation to the facility and familiarization of policy and equipment, plus ActivTrax strength test and activation for all new members.

Group Exercise and Water Exercise Classes

- Including Yoga, TRX, BODYCOMBAT, CXWORX, Active Older Adult classes, Zumba, H2O Pump and more!

Wellness Floor

- Free weights, weight machines, cardiovascular and functional training equipment, etc.
- ActivTrax interactive workout assistance package. Use ActivTrax to keep record of workouts and meals, set goals and track progress.
- New programs, group exercise classes and community events all year.

Personal Training

- Motivation and program design with a certified personal trainer

SWIM LESSONS

Parent/Child Swim Lessons

You'll both love these fun, game-filled lessons that use positive reinforcement to help your child get comfortable in the water.

Ages: 6 months - 3 years old

Days and Times: Saturdays 9 - 9:30 a.m.

Fees: Member - \$20 Non-Member - \$43

Pre-School Swim Lessons

Your child will learn fundamental swimming skills and water safety while they interact with instructors in a relaxed and fun environment.

Ages: 3-5 years old

Days and Times: Saturdays 9:40 -10:10 a.m. Tuesdays/Thursdays 6 - 6:30 p.m.

Fees: Member - \$21-\$41, Non-Member - \$43-\$86

Beginner Youth and Intermediate Swim Lessons

This progressive program, divided into 6 levels from beginning to advanced, focuses on developing freestyle and proper rotary breathing with more advanced strokes introduced over time.

BEGINNER YOUTH

Ages: 6-12 years old

Days and Times: Saturdays 10:20-10:50 a.m. Tuesdays/Thursdays 6:30-7:05 p.m.

Fees: Member - \$21-\$41, Non-Member - \$43-\$86

INTERMEDIATE YOUTH

Days and Times: Saturdays 11-11:45 a.m. Tuesdays/Thursdays 7:10-7:55 p.m.

Fees: Member - \$23, Non-Member - \$45

Teen/Adult Swim Lessons

You'll both love these fun, game-filled lessons that use positive reinforcement to help your child get comfortable in the water.

Ages: 13 years and older

Days and Times: Tuesdays/Thursdays 7:10 - 7:55 p.m.

Fees: Member - \$45, Non-Member - \$90*

*Each session has 8 lessons. Contact the GOOCHLAND FAMILY YMCA for more information on Session Start Dates.

Private Swim Lessons

One-on-one instruction for swimmers at all levels and ages. Learn specific skills that are geared to individual needs. Private Lesson includes 4 or 8 lessons and the times are set to accommodate swimmer's schedule.

Fees: Member - \$125-\$200, Non-Member - \$150-225

SWIM TEAM

Goochland Manta Rays

Our skilled coaching staff will help your child with stroke technique and endurance while incorporating the four core values of caring, honesty, respect and responsibility into their workout regimen.

Ages: 5-18 years old

Days: Practices are held Tuesdays and Thursdays

Swim Meets are held on Saturday mornings.

Dates: Starts the week after Labor Day.

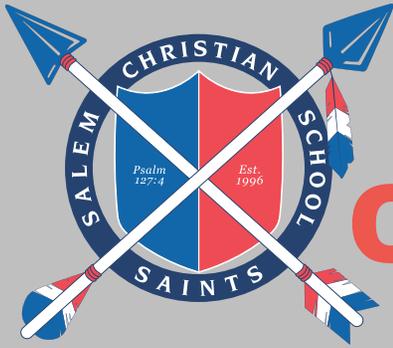
Times: 10 & under 4:15 - 5:15 p.m.

11 & up 5:15 - 6:15 p.m.

Fees: Member - \$205, Non-Member - \$345

For more information on Bus Transportation, contact the YMCA.





SALEM CHRISTIAN SCHOOL



Established 1996 ~ Psalm 127:4

Preschool-12th Grade & Home School Supplemental Classes Nurturing Body, Soul and Spirit



1700 Cardwell Rd. Crozier, VA 23039 ~ 804-784-4174
salemchristianschool.com



Goochland Sports Complex



*Swift Creek
School of Equitation*

GOOCHLAND COUNTY



Leakes Mill Park



Goochland Court House Green